

**2019 Class 3A boys state-qualifying standards**  
(All track times FAT)

<b>3,200-meter relay</b>	<b>8:03.03</b>
<b>400-meter relay</b>	<b>42.70</b>
<b>3,200-meter run</b>	<b>9:28.74</b>
<b>110-meter high hurdles</b>	<b>14.99</b>
<b>100-meter dash</b>	<b>10.97</b>
<b>800-meter run</b>	<b>1:57.26</b>
<b>800-meter relay</b>	<b>1:29.92</b>
<b>400-meter run</b>	<b>50.29</b>
<b>300-meter IM hurdles</b>	<b>39.84</b>
<b>1,600-meter run</b>	<b>4:22.50</b>
<b>200-meter dash</b>	<b>22.26</b>
<b>1,600-meter relay</b>	<b>3:24.66</b>
<b>High jump</b>	<b>6-3</b>
<b>Long jump</b>	<b>22-1</b>
<b>Triple jump</b>	<b>44-7</b>
<b>Shot put</b>	<b>52-6</b>
<b>Discus</b>	<b>154-0</b>
<b>Pole vault</b>	<b>13-8</b>