

# **DOWNERS GROVE SOUTH ATHLETICS**

1436 Norfolk

Phone: 630/795-8517

Downers Grove, IL 60516

Fax: 630/795-7193



*Hard Work, Discipline, Team Work, Confidence, Character, Academic Success, and Love of the Game*

---

## **Downers Grove South Mustang Invitational Saturday, April 8<sup>th</sup>, 2023**

**Teams:** Geneva, Glenbard North, Glenbard West, Hinsdale Central, Lyons Township, Naperville North, Yorkville, Downers Grove South.

**Schedule:** **8:30am** – Coaches Meeting in south squad room

**9:00am** – Field Events

Var & F/S LJ, followed by Var & F/S TJ

(Varsity: 3 jumps, top 8 to finals; F/S: 4 jumps, no finals; jumps will be called in order)

Var HJ, followed by F/S HJ

Var PV, followed by F/S PV

Var Discus, followed by F/S Discus (3 throws, top 8 to finals)

F/S Shot, followed by Var Shot (3 throws, top 8 to finals)

**9:15am** – Open 1600m (unlimited entries)

**9:45am** – Open 100m (unlimited entries)

**10:30am** – Finals

4x800m Relay

4x100m Relay

3200m

100m Hurdles

100m

800m

4x200m Relay

400m

300m Hurdles

1600m

200m

4x400m Relay

**Scoring:** All relays and individuals will be scored to 6 places (10-8-6-4-2-1).

**Awards:** 1<sup>st</sup> Place Team Trophies for each level. Medals for 1<sup>st</sup> – 5<sup>th</sup> place for the Varsity and Ribbons for 1<sup>st</sup> – 5<sup>th</sup> place for the Frosh/Soph.

**Camps:** Make team camps in the bleachers or the area surrounding the bleachers.

**Food:** There will be a hospitality lunch available for coaches and adult workers in the south squad room. Concessions will be available for athletes.

**Workers:** We are asking each school to provide a competent field event worker. DGS will have student helpers at each field event as well. We also would like each school to provide a coach to supervise exchange zones during the sprint relays. Schools will be assigned to the following field events and exchange zones. Please email [dplunkett@csd99.org](mailto:dplunkett@csd99.org) ASAP if there is a need to rearrange the worker assignments.

Pole Vault	Geneva
High Jump	Glenbard North
Shot Put	Lyons Twp
Discus Throw	Naperville North
F/S Long Jump	Glenbard West
Var Long Jump	Yorkville
F/S Triple Jump	Hinsdale Central
Var Triple Jump	Downers South

4x100m #1 (SE):	Downers South, Glenbard North, Geneva
4x100m #2 (NE):	Lyons Township, Hinsdale Central, Glenbard West
4x100m #3 (NW):	Naperville North, Yorkville

4x200 #1&3 (NE):	Downers South, Hinsdale Central, Naperville North, Geneva, Yorkville
4x200 #2 (SW):	Lyons Township, Glenbard North, Glenbard West

### **Games**

**Committee:** Downers South, Lyons Township, Glenbard West