

42nd Annual John Kurtz “Early Bird” Cross Country Invitational
Saturday, September 7, 2024
Hosted by Fenton High School

Welcome to the 42nd annual John Kurtz “Early Bird” Invitational. Fenton High School looks forward to your participation; we will try and provide a quality invitational for all athletes, coaches, and spectators.

Meet Schedule: All races are 3.0 miles

8:15 a.m.	Coaches Meeting	Field House
9:00 a.m.	Varsity Girls	10 Runner Limit
9:30 a.m.	Varsity Boys	10 Runner Limit
10:00 a.m.	Fr/So Girls	Unlimited Entries
10:35 a.m.	Fr/So Boys	Unlimited Entries
11:10 a.m.	Girl’s Open	Unlimited Entries
11:45 a.m.	Boy’s Open	Unlimited Entries

Participating Schools and Starting Box Assignments:

	<u>Box</u>		<u>Box</u>
Addison Trail	11	Notre Dame (Boys)	8
DePaul College Prep	5	Oak Park – River Forest	15
Fenton	2	Payton	7
Fenwick (Girls)	8	Proviso West	4
Glenbard West (Boys)	9	Taft	10
Lake Forest (Girls)	13	Timothy Christian	12
Mather	6	Trinity (Girls)	1
Mt. Carmel (Boys)	13	Vernon Hills	3
Northridge (Boys)	1	Wheeling (Boys)	14

Entries and Rosters:

Racing Expectations will be timing and scoring the meet this year. Registration will be completed online through athletic.net. Please note the registration asks for boys and girls entries, there is no need to declare which race your athlete(s) will be participating in. You will be able to decide on race day which athletes will run each race.

Deadline for Entries: Monday, September 2 at 6:00 p.m.

Team Camps:

Team camps can be set up outside, on our school campus any place not on the racing course. No team camps will be allowed inside the school building; barring inclement weather.

Meet Packet Pick-up and Hospitality:

Coaches will be able to pick-up team packets and materials in the Field House, which is located just south of the start-finish area. Coffee, donuts, and bagels will be available to all coaches in the Field House near the packet pickup.

Course Description:

The course is composed of three identical loops measuring approximately 1.0 miles. The course will be marked by a solid blue line. All turns will also be marked by flags. Red flags designate left turns, yellow flags right turns, and blue flags designate where runners will continue straight. Throughout the course trees and fences are also used as “natural” turn flags. The solid blue line is to be followed in these instances.

The start and finish for the course will remain the same. From the dual starting lines, runners will head northwest towards Route 83. As they pass between a fence opening, the runners will angle to their right and then turn left around the north side of the domed baseball backstop (this turn is marked by a red-blue-blue flag). The runners will then follow the solid blue line to complete the three 1-mile loops of the course.

On the fourth time going through the fence opening, runners will head directly east into our finish chute and across the finish line. Please encourage your athletes to run through both timing pads at the finish line to ensure their time and place is recorded accurately.

A course map has been included with the meet information. The 0.5 mile, 1.0 mile, 1.5 mile, 2.0 mile, and 2.5 mile distances will also be clearly marked for runners to see.

Results:

We will attempt to post results throughout the day, upon the completion of each race. To assist race officials with providing prompt and accurate results, please remind athletes to have their bibs visible and unobstructed as they cross the finish line. Printed results will be available for coaches at the completion of the awards ceremony. All results will also be posted online at racingexpectations.com and will be uploaded to athletic.net.

Awards and Awards Ceremony:

Varsity Girls	4 Team Trophies	1st-10th Individual Plaques, 11th-25th Individual Medals
Varsity Boys	4 Team Trophies	1st-10th Individual Plaques, 11th-25th Individual Medals
Fr./So. Girls	4 Team Trophies	1st-25th Individual Medals
Fr./So. Boys	4 Team Trophies	1st-25th Individual Medals
Girls Open		1st-25th Individual Ribbons
Boy Open		1st-25th Individual Ribbons

Our award ceremony will take place in our Field House upon the completion of the Boys Open race. The top 10 individual finishers in the first four races will be announced and receive their awards at the awards ceremony. Individual finishers 11 through 25 (in the first four races) and all Open race ribbons winners can pick up their awards at a table located in the Field House approximately 30 minutes after the completion of their race.

Parking:

Parking will be available for spectators in either of the two south lots in front of the school (on Grove Ave.) or on the east side of the building (on Henderson St.). Team buses and vans can drop off at the northeast corner of the campus (at the corner of Henderson St. and Green St.). **After drop off, buses and vans will park on the south side (front side) of the school.** No parking will be available on the north side due to ongoing instruction.

Viewing the Race:

Spectators are free to roam throughout the course in order to view the progress of the race. We ask all athletes and spectators to use caution whenever they are approaching or crossing the race course. It is our goal as meet officials to allow all athletes the best opportunities to complete their races unimpeded and to avoid any injuries. In the start-finish area, there are white “spectator” lines, please encourage all supporters to remain behind these lines whenever runners are competing.

Please be aware our course is bordered on the north side by the Canadian Pacific Railway; a line that is used by both passenger and freight trains daily. There is no fence or barrier separating our school campus from these railroad tracks. Please tell all athletes and spectators it is illegal to cross (or walk on) any railroad tracks except at designated a pedestrian crossing.

Restrooms:

No locker room facilities will be made available to athletes or coaches. Restroom facilities are located inside the school on the south side of our Field House in the school's back hallway. Restrooms will also be available in our Football/Track & Field stadium. There will also be portable toilets outside on the school campus.

Medical Aid:

Our athletic trainers will be on duty throughout the meet. They will be located either in the start-finish area or in the Trainer's Room; which is located in the Northwest corner of the Field House.