

## Order of Events

Hard start for field events and sophomore 4 X 800 the remaining schedule is approximate.

**4:30-5:00 p.m. field event warm-ups**

**5:00 p.m. SHOT PUT (Varsity first)**

**5:00 p.m. HIGH JUMP**

**5:00 p.m. POLE VAULT**

**5:00-5:30 p.m. LONG JUMP (2 pits 8' & 12' boards)**

**5:30-5:45 Triple Jump warm-ups**

**5:45-6:15 p.m. TRIPLE JUMP (2 pits 20' & 26' boards)**

**6:00 p.m. SOPH 4 X 800 RELAY**

**6:15 p.m. VARSITY 4 X 800 RELAY**

**6:30 p.m. 300 M DASH**

**6:45 p.m. SOPH 3200 M RUN**

**7:00 p.m. VARSITY 3200 M RUN**

**7:15 p.m. 55 M HIGH HURDLES**

**7:30 p.m. 55 M DASH**

**7:45 p.m. 800 M RUN**

**7:55 p.m. 4X200 M RELAY**

**8:05 p.m. 400 M DASH**

**8:20 p.m. 1600 M RUN**

**8:40 p.m. 200 M DASH**

**8:50 p.m. 4 X 400 M RELAY**