

Flashrock Invitational

September 20, 2014 @ Northview Christian Church

Westfield High School and Franklin Central High School would like to invite you to compete in the seventh annual, Flashrock Invitational! We are very excited about the opportunity to have a unique cross country race held at the Carmel Semi-State site. Below will outline the details of the Flashrock Invitational so please read all details below.

Where: Northview Christian Life Church in Carmel, Indiana (131st Street and Hazel Dell Road)
See attached course map.

Schedule: 9:00 AM- Varsity Girls CHAMPIONSHIP race
9:30 AM- Varsity Boys CHAMPIONSHIP race *please note that girls are racing first
9:55 AM- Varsity Girls INVITATIONAL race this year per the IHSAA
10:30 AM- Varsity Boys INVITATIONAL race
11:00 AM- JV Girls (all girls JV runners in same race)
11:40- JV Boys (all boys JV runners in same race)

Entry Fee: \$100 for EACH TEAM (\$200 total if you have boys and girls competing). Payable to Westfield High School.

Entries: Will be done through the internet at www.theendresultco.com/xc. See attached sheet for more details. ENTRIES MUST BE AT THIS WEB SITE BY SEPTEMBER 11th!

Awards: THERE WILL NOT BE AN AWARDS CEREMONY! You will be able to pick up your awards at the awards table. These awards will be made available as soon as possible (give us at least 30 minutes) after each race so that your team can depart the meet at your convenience.

Championship Races: awards to the top 50 finishers and top 5 teams

Invitational Races: awards to the top 25 finishers and top 5 teams

All JV Races: awards to the top 40 finishers and top 3 teams

Results: Will be posted near the finish line...ALL RACES WILL BE CHIP TIMED! Results will be posted at www.onlineraceresults.com by 9PM Saturday, September 21st. Do not expect a hard copy of the results when you leave the meet.

Varsity Races: The championship races consist of the top 20 teams from last year's Flashrock CHAMPIONSHIP race plus the top 5 teams from last year's INVITATIONAL race. The invitational race consists of all other teams. Individuals from invitational teams will be allowed to run in the championship race (2 per team maximum) but please notify Scott Lidskin (via email at lidskins@wws.k12.in.us) if you plan to do so. See attached sheet to see which race your school will be competing in this year.

YOU WILL BE ALLOWED TO RUN 9 RUNNERS in the varsity races if you so choose. However, we will only score the top five runners on each team and only the number six and seven finishers will count as pushers. Additionally, any new teams in the meet that are ranked in their state's coaches poll top 25 by 9/1/2014 will be added to the championship race.

JV Races: You may run as many runners in the JV race as you would like, however, this is not an open race. You may only race runners on your roster. We will have team results.

T-Shirts: Will be for sale for \$15 (short sleeve) and \$20 (long sleeve) near the start/finish lines

Other special items are for sale at macdesignsinc.com...go to "store" and use the code fr14 to begin purchasing items today!

2014 FLASHROCK INVITATIONAL RACE ASSIGNMENTS

GIRLS CHAMPIONSHIP RACE- 9AM:

Columbus North
Zionsville
FW Carroll
Hamilton Southeastern
Avon
Westfield
Franklin Central
Fishers
Bloomington South
Noblesville
Center Grove
Huntington North
Brebeuf
Pike
Lawrence Central
North Central
Terre Haute South
FW Snider
Perry Meridian
Cathedral
Greenwood
Norwell
Warren Central
Guerin Catholic
Pendleton Heights (due to top 25 ranking)
Hinsdale Central (ranked in IL top 25)

Any teams (boys or girls) that are ranked in the top 25 on the iatccc poll between 9/1-9/20 will be added

GIRLS INVITATIONAL RACE- 9:55 AM:

Southport
New Palestine
Columbus East
Roncalli
Ben Davis
Connersville
Brownsburg
Lawrence North
Franklin Community
Shelbyville
Seymour
North Harrison
Delta
Eastbrook
Plainfield
Western Boone
Frankfort
Lafayette Jefferson
Scecina
Danville
East Central
Cardinal Ritter
Beech Grove
Union County

BOYS CHAMPIONSHIP RACE- 9:30 AM:

Bloomington South
Columbus North
Lawrence North
Fishers
North Central
Brebeuf
FW Carroll
Cathedral
Hamilton Southeastern
Westfield
Terre Haute South
Avon
Zionsville
Homestead
Noblesville
Franklin Community
Warren Central
Franklin Central
Huntington North
Center Grove
Cardinal Ritter
Ben Davis
Lafayette Jefferson
Terre Haute North
Pike
Brownsburg (due to top 25 ranking)

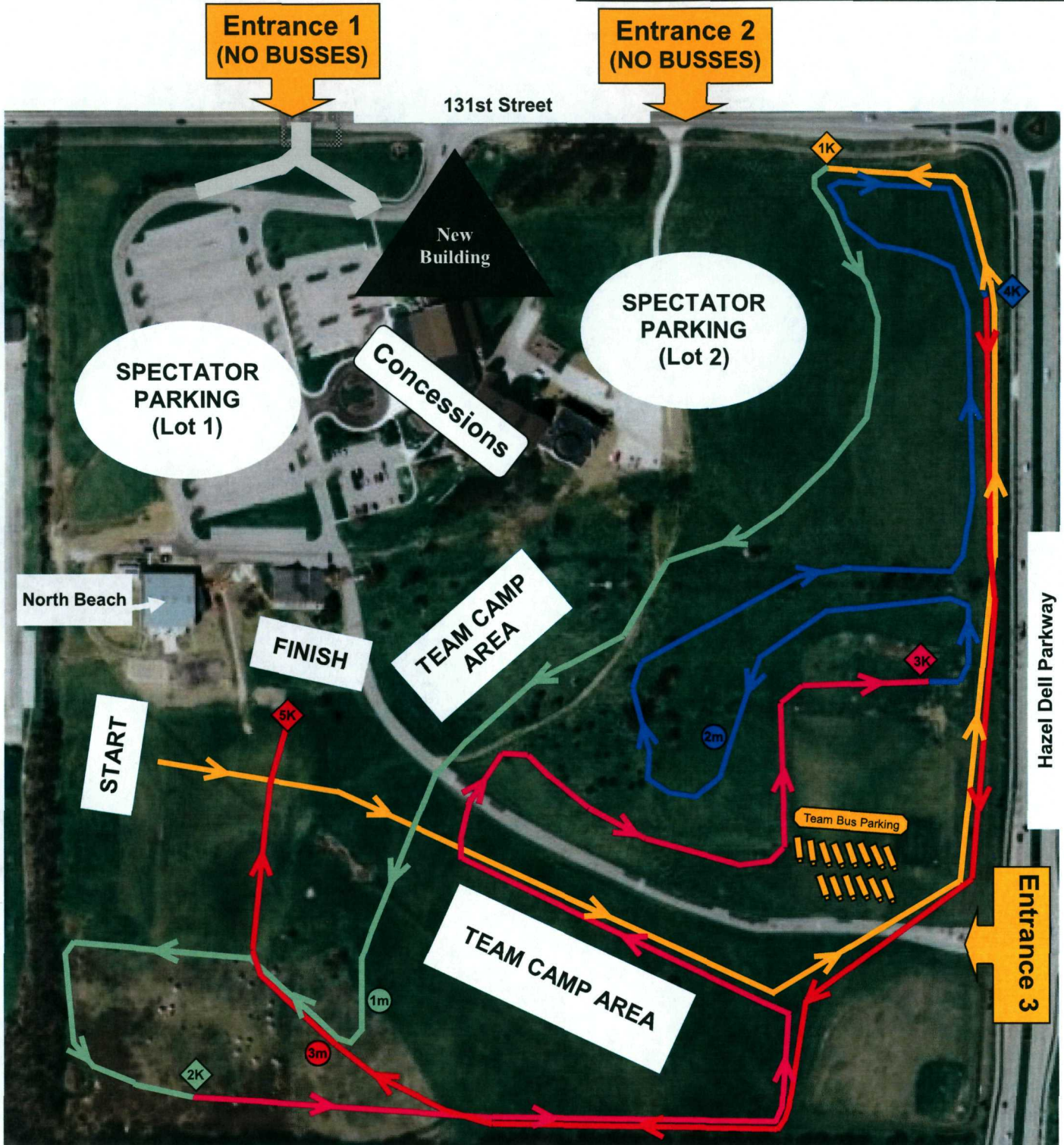
BOYS INVITATIONAL RACE- 10:30

Lawrence Central
Union County
Perry Meridian
FW Snider
Roncalli
Seymour
Shelbyville
Norwell
Frankfort
Southport
Columbus East
Connersville
Greenwood
North Harrison
Plainfield
Danville
Guerin
Scecina
New Palestine
Western Boone
Delta
Indian Creek
East Central
Eastbrook
Tri-West
Beech Grove

FlashRock 5K Map

At Northview Church
 12900 Hazel Dell Parkway
 Carmel, IN 46033
www.northviewchurch.us

			1 mile marker
			2 mile marker
			3 mile marker



♦ Entrance 3 will be closed to thru traffic 1 hour before and 30 minutes following the Meet times, except for Team Bus drop off and pick up.

♦ In the event the grass becomes too soft for team bus parking, busses may be directed to park in the south end of the spectator parking lot #1. All busses must use entrance #3.