



## **Panther Volleyball Program Expectations**

### **Expectations of Players**

- Attend all classes-if you are not in-school you may not practice or play
- Maintain passing grades in all classes-grades come first, volleyball is a privilege
- Always inform your coach if you will be missing a game or practice. The coach should not find out last minute if a player is missing.
- Arrive early-be 10 minutes early to all meetings.
- Players will respect referees, coaches, teammates, fans, and the game at all times.
- YOU are responsible for you attitude and effort. Bring enthusiasm and energy to every practice and game.
- Players will hustle on and off the court.
- All athletic code rules and regulations will be upheld.
- As a member of this program, you reflect your coaches, teammates, and school. Be a good role model and make smart decisions.
- Put the success of the team ahead of your personal agendas.
- Nets and balls should be set up 5 minutes before practice everyday.

### **Expectations of Coaches**

- Be prepared with a practice plan on paper daily
- Respect all players at all times
- Expect and support a high level of academic performance
- Encourage players to lead a well-balanced student life and participate in other activities
- Bring enthusiasm and a positive attitude everyday to the court
- No swearing in front of players
- Be consistent in imposing penalties to players who violate school or team policies
- Teach and encourage athletes to be young ladies as well as volleyball players
- Serve as a role model and lead by example
- Keep track of team equipment
- Assist in fundraisers, tournaments, and other activities
- Develop athletes for the next level of play