Girls Track & Field



Time Schedule FRIDAY, MAY 17, 2024 CONTINUED

2023-2024 IHSA STATE FINALS

CLASS 3A FIELD EVENTS

Shot Inspection: Shots will be weighed and measured at the tent south of O'Brien Field in the throws area.

Discus Inspection: Discus will be weighed and measured at the tent south of O'Brien Field in the throws area.

12:00 p.m.	Long Jump Long Jump	Flights 1 & 2 (Warm-up at 11:45 a.m.) Flight 3 Follow flights 1 & 2 on first available runway (15 minute warm-up)				
	Triple Jump	The first flight of the triple jump will immediately follow the long jump on the first available runway (following a 15 minute warm-up). The subsequent flights of the triple jump will follow on the first available runway following a 15 minute warm-up.				
12:00 p.m.	High Jump	Flight 1 followed by Flight 2 and then Flight 3 (Flight No. 1 warm-up at 11:45 a.m., other flights have 15 minute warm-up)				
1:00 p.m. 1:00 p.m. 1:00 p.m.	Pole Vault Pole Vault Shot Put	Flight 1 – 1st Available Runway (Warm-up 12:00 p.m.) Flight 2 – 1st Available Runway (Warm-up 12:00 p.m.) Flight 1 & 2 followed by subsequent Flights (Flight 1 in East Ring, Flight 2 in West Ring, Subsequent Flights in first available ring following a 15 minute warm-up) Flights 1 & 2 warm-up 12:45 p.m. Weigh-in and inspection will take place for all flights between 11:50 a.m. and 12:30 p.m.				
2:45 p.m.	Discus	Flights 1 & 2 (Flight 1 in North Ring, Flight 2 in South Ring) Flights 1 & 2 warm-up 2:25 p.m. Weigh-in and inspection will take place for all flights between 1:45 p.m. and 2:20 p.m.				

CLASS 3A TRACK EVENTS

Running Event Qualifying To Finals: In all running events with semifinals, each heat winner advances to the finals. The remainder of the field in each respective running event final will be filled on the basis of time in the semifinals.

All Times Approximate

2:20 p.m.	4 x 800-Meter Relay (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)
2:59 p.m.	4 x 100-Meter Relay (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
	(Ten Minute Warm Up On Hurdles)
3:29 p.m.	100-Meter High Hurdles (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
3:49 p.m.	100-Meter Dash (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
4:09 p.m.	800-Meter Run (Semifinals: 4 heat winners plus next 8 best prelim times qualify for Finals)
4:33 p.m.	4 x 200-Meter Relay (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
4:53 p.m.	400-Meter Dash (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
5:13 p.m.	300-Meter Intermediate Hurdles (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
5:33 p.m.	1600-Meter Run (Semifinals: 3 heat winners plus next 9 best prelim times qualify for Finals)
6:00 p.m.	200-Meter Dash (Semifinals: 5 heat winners plus next 4 best prelim times qualify for Finals)
6:20 p.m.	4 x 400-Meter Relay (Semifinals: 4 heat winners plus next 5 best prelim times qualify for Finals)
6:48 p.m.	Finish

Practice Schedule: Following the 2A/3A meet–6:45 p.m. Schools may use the track and field facilities at O'Brien Field for practice and warm-up. These practice sessions are not the responsibility of the IHSA nor of EIU. Athletes and coaches use the facilities to practice at their own risk. Coaches will be responsible for the safety of their athletes/staff. Coaches must be aware of the weather and react according to IHSA severe weather safety guidelines. (If it roars, go indoors!).

7:30 p.m. E.I.U. CONDUCTS THE "RACE UNDER THE LIGHTS"

Girls Track & Field



Time Schedule saturday, May 18, 2024

SATURDAY, MAY 18, 2024

(Finals in All Events - All Classes-1A-2A-3A and Wheelchair Division)

7:00-8:45 a.m. Track is open to all finalists

8:45 - 9:15 a.m. Parade of Competitors assembled at southeast entrance to O'Brien Field

9:15-9:30 a.m. Parade of Competitors

9:00-10:00 a m Pole Vault Pole Inspection (weigh-in not required) - (1A & 2A), 10:00-10:30 a.m. (3A) in the tent

9:30-10:00 a.m **Opening Ceremonies**

FIELD EVENTS

Shot Inspection: Shots will be weighed and measured at the tent south of O'Brien Field in the throws area. Weigh-in and inspection will take place for Wheelchair Division, Class 1A and 2A between 9:00 a.m. and 9:40 a.m. Class 3A will have implements inspected between 9:40 a.m. and 10:00 a.m.

Discus Inspection: Discus will be weighed and measured at the tent south of O'Brien Field in the throws area. Weigh-in and inspection will take place for the Wheelchair Division, Class 1A and 2A between 11:30 a.m. and 12:10 p.m. Class 3A will have implements inspected between 12:10 p.m. and 12:30 p.m.

10:00 a.m. 1A and 2A. 3A to follow on first available runway following 15 minute warm-up. Long Jump

> Immediately following the Long Jump, on the first available runway, a 15 minute warm-up period will begin for the 1A flight of the Triple Jump. The 1A flight of Triple Jump the Triple Jump will start their competition immediately following their 15 minute warm-up period. Subsequent classes of the Triple Jump will warm-up for 15

minutes and then compete on the runway where they have warmed-up as a runway becomes available.

1A (West Ring) (Warm-up 9:45 a.m.) 2A (East Ring) (Warm-up 9:45 a.m.) 10:00 a.m. Shot Put

3A to follow on first available ring (following a 15 minute warm-up)
Wheelchair to follow on first available ring (following a 15 minute warm-up)

Weigh-in and inspection will take place for Class 1A and 2A between 9:00 a.m. and 9:40 a.m. Class 3A and Wheelchair will have implements inspected between

9:40 a.m. and 10:00 a.m.

10:00 a.m. 1A and 2A. 3A to follow on first available runway (following a 30 minute warm-up) Pole Vault

10:00 a.m. High Jump 1A followed by 2A, followed 3A (each class will have a 15 minute warm-up)

12:30 p.m. Discus 1A (South Ring) (Warm-up 12:10 p.m.)

2A (North Ring) (Warm-up 12:10 p.m.) 3A to follow on first available ring (following a 20 minute warm-up) Wheelchair to follow on first available ring (following 20 minute warm-up)

Weigh-in and inspection will take place for Class 1A and 2A between 11:30 a.m. and 12:05 p.m. Class 3A and Wheelchair will have implements inspected

between 12:05 p.m. and 12:30 p.m.

ALL CLASSES-TRACK EVENTS

10:00 a.m.	Class 1A Class 2A Class 3A	3200-Meter Run (Section No. 1) 3200-Meter Run (Section No. 1) 3200-Meter Run (Section No. 1)	1:55 p.m.	Wheelchair Div Class 1A Class 2A Class 3A	vision 800 Meter 800-Meter Run 800-Meter Run 800-Meter Run
10:00 a.m.	Class 1A and 2A Long Jump (followed by 3A) (Triple Jump to follow)		2:25 p.m.	Class 1A	4 x 200-Meter Relay
10:00 a.m.	Class 1A and 2	A Pole Vault (followed by 3A)	2.20 p.m.	Class 2A Class 3A	4 x 200-Meter Relay 4 x 200-Meter Relay
10:00 a.m.	Class 1A and 2	A Shot Put (followed by 3A) (Discus to follow)	2.55	Wheelchair Division 400 Meter	
10:00 a.m.	Class 1A High Jump (followed by 2A, followed by 3A)		2:55 p.m.	Class 1A 400-Meter Dash Class 2A 400-Meter Dash	
11:00 a.m.	Class 1A Class 2A	4 x 800-Meter Relay 4 x 800-Meter Relay		Class 3A	400-Meter Dash
	Class 3A	4 x 800-Meter Relaý	3:15 p.m.	Class 1A Class 2A	300-Meter Intermediate Hurdles 300-Meter Intermediate Hurdles
11:40 a.m.	Class 1A Class 2A	4 x 100-Meter Relay 4 x 100-Meter Relay		Class 3A	300-Meter Intermediate Hurdles
	Class 3A	4 X 100-Meter Relay	3:35 p.m.	Class 1A Class 2A	1600-Meter Run 1600-Meter Run
12:10 p.m.	Class 1A	3200-Meter Run (Section No. 2)		Class 3A	1600-Meter Run
		3200-Meter Run (Section No. 2) 3200-Meter Run (Section No. 2)	4:05 p.m. 4:20 p.m.	Wheelchair Division 200 Meter	
1:10 p.m.	Class 1A	110-Meter High Hurdles		Class 2A 200-Mete Class 3A 200-Mete	200-Meter Dash 200-Meter Dash
	Class 2A Class 3A 1	110-Meter High Hurdles 110-Meter High Hurdles			200-Meter Dash
1:35 p.m.	Class 1A	vision 100 Meter 100-Meter Dash		Class 1A Class 2A Class 3A	4 x 400-Meter Relay 4 x 400-Meter Relay 4 x 400-Meter Relay
	Class 2A Class 3A	100-Meter Dash 100-Meter Dash	5:00 p.m.	Team Awards	