AWARDS

A <u>varsity letter</u> is awarded for running in the state series. OR, running in the conference meet AND 1) running in the top five once, or 2) competing for Glenbard West for four years.

A <u>CC pin</u> is awarded if the first letter has been awarded in another sport

A **bar** is awarded if a letter had already been earned in cross country.

<u>JV Certificates</u> are awarded for competing in half the meets during the season and running in the conference meet.

<u>Certificates</u> are awarded for competing during the season.

A <u>sophomore letter</u> is awarded to sophomores who complete the season, or freshmen who compete in the conference meet AND run in the freshman/sophomore level top seven for Glenbard West at least once.

A <u>bar</u> is awarded after the first sophomore letter is earned.

Freshman Numerals are awarded to freshmen who complete the season.

WSSC ALL-ACADEMIC (seniors only)