

**Lake Park Invitational**  
**Saturday, Sept. 12**  
**Lake Park east campus, Roselle**

**Varsity race**

Sophomore Lindsey Payne and the Glenbard West girls cross country team added to their early-season success at Lake Park's Harvey Braus Invitational Saturday, Sept. 12.

Payne rolled to the individual title in a personal-best 16:28.4 for 3.0 miles and the Hilltoppers won the invite for the third year in a row with 43 points.

Glenbard West, ranked No. 3 in Class 3A by DyeStatIL Sept. 9, put its top five among the top 13 won by 58 points over No. 13 Schaumburg. Seven of the Hilltoppers' eight runners in the race earned individual awards by placing among the top 30.

Payne won the race by 24.7 seconds over St. Charles North sophomore Audrey Ernst (16:53.1) after winning the Hornet-Red Devil Invitational Sept. 5 by 39.8 seconds in 16:40.1 -- the second-fastest time ever on that 3.0-mile course.

Seniors Kathryn Kenwood (7th, 17:48.0) and Grace Rogers (10th, 18:13.7) also finished in the top 10 and senior Abigail Shaver (18:21.1) and junior Janie Nabholz (18:24.5) were 12th and 13th. Sophomore Marika Tammaru (18:57.1) and freshman Katie Hohe (18:57.9) were 27th and 28th and just under 19:00, and senior Kate Dorsey was 34th (19:09.).

Payne was fifth at the 2014 Class 3A state meet and is the second-highest finisher competing this season behind third-place Palatine senior Kelly O'Brien, who was third at the Hornet-Red Devil. At state last year, Ernst was 13th and Prospect junior Brooke Wilson, who was third Saturday (17:11.2), also was an all-state 24th.

### **Junior varsity race**

Sophomore Claire Kenwood and freshmen Chloe Connolly and Abigail Hoffman finished 3-4-5 and the Hilltoppers won the team title 32-49 over Prospect.

Kenwood (19:12.2), Connolly (19:19.2) and Hoffman (19:20.4) only finished behind Prospect freshmen Jenna Baltes (18:39.2) and Julia O'Grady (18:47.3).

Teams were allowed as many as 10 entries from any grade class and all 10 Hilltoppers earned individual medals by placing among the top 30.

Christina Sedall was eighth (19:47.7) – the highest finishing senior in the race.

Freshman Lauren Pappas (12th, 20:06.6) and junior Alexa Fausey (13th, 20:06.9) and freshman Ella Roach (16th, 20:13.3) also placed among the top 20. Freshman Grace Oh (24th, 20:40.4) and junior Jana Manalo (25th, 20:40.6) and senior Maddy Burt (27th, 20:45.9) also were well under 21:00.

### **Open girls race**

Freshman Nicole Kaiser dominated the 2.0-mile Open race, and the Hilltoppers finished second (48 points) to Maine South (30).

Kaiser won the race in 12:32.8 – 21.3 seconds ahead of second-place Maine South freshman Carley Bomrad (12:54.1) and Maine South freshman Laura Downey was third (12:59.1) and also under 13:00. Teams were allowed unlimited entries from any grade class.

Glenbard West junior Annie Pasterz (13:06.4) was fourth and junior Grace Zemenak took ninth (13:24.1). Nicole Rogus was 15th (13:39.2) – the top finishing senior in the race – and freshman Rebeca Gathof (22nd, 13:47.9) and juniors Madeleine Manas (24th, 13:48.6), Siena Gagliano (26th, 13:57.7) and Rebekah Crail (27th, 13:57.9) also earned individual honors by placing among the top 30.