

The Glenbard West varsity girls cross country team and sophomore Lindsey Payne continued their winning ways Saturday, Oct. 3, by capturing titles at Wheaton North's Falcon Classic at St. James Forest Preserve in Warrenville.

The Hilltoppers, ranked No. 2 this week in Class 3A by DyeStatIL, moved to 4 for 4 in team titles by scoring just 16 points to easily win the meet format in which the results of seven flight meets are combined. No. 11 New Trier (22 points) and Yorkville (27 points), the top-rated team in Class 2A, were second and third. Payne won the No. 1 flight in 16:43.8 for 2.95 miles – 45.3 seconds ahead of Naperville Central junior Alana Austin (17:29.1), who had the second-fastest overall time at the invite.

Taking second in their respective flights were seniors Kathryn Kenwood (17:45.8 at No. 2) and Grace Rogers (18:02 at No. 3), freshman Katie Hohe (18:05.1 at No. 6) and sophomore Claire Kenwood (18:35.1 at No. 7). Senior Abigail Shaver was third (18:23.7 at No. 5) and junior Janie Nabholz was fourth (18:17.0 at No. 4). All seven Hilltoppers earned individual medals by placing among the top 15 in their respective flights.

Varsity

Top 10 teams: 1. GLENBARD WEST 16, 2. New Trier 22, 3. Yorkville 27, 4. Neuqua Valley 51, 5. Maine South 51, 6. Lockport 55, 7. York 59, 8. Grant 71, 9. Arrowhead (Wis.) 77, 10. Benet 80

Glenbard West results (2.95 Miles)

Flight No. 1: 1. Lindsey Payne 16:43.8

Flight No. 2: 2. Kathryn Kenwood 17:45.8

Flight No. 3: 2. Grace Rogers 18:02

Flight No. 4: 4. Janie Nabholz 18:17.0

Flight No. 5: 3. Abigail Shaver 18:23.7

Flight No. 6: 2. Katie Hohe 18:05.1

Flight No. 7: 2. Claire Kenwood 18:35.1

Frosh-Soph open race

Glenbard West freshman Chloe Connolly and sophomore Marika Tammaru finished second and third in the frosh-soph race – thanks to a late surge. Connolly was second (18:41.0 for 2.95 miles) to Yorkville sophomore Maggie Klemm (18:25.4).

Tammaru (18:51.8) was third and the only other sophomore among the top seven after a blistering final 400 meters in which she passed seven runners.

Freshman Lauren Pappas (26th, 19:53.0), sophomore Mary Kate Shaver (28th, 19:56.3) and freshman Ella Roach (30th, 19:59.6) were among the top 30 and broke 20:00. Freshman Nicole Kaiser (39th, 20:14.6) and Grace Oh (42nd, 20:18.5) and sophomore Olivia Rosley (44th, 20:21.5) also were among the top 50, and sophomore Rebecca Gathof was 94th (21:23.8).

All nine Hilltoppers earned individual ribbons for placing among the top 100. No team scores were kept.

Junior-Senior open race

Senior Kate Dorsey turned in an eighth-place finish (19:07.0) in the 2.95-mile junior-senior race as the third highest finishing senior.

Another big highlight was the season debut of senior Caitlyn Reick, who was 20th (19:48.4) and the team's No. 2 finisher.

Seniors Christina Sedall (23rd, 19:55.4), Nicole Berneche (36th, 20:11.0) and Maddy Burt (44th, 20:18.5) and junior Alexa Fausey (47th, 20:19.9) also were among the top 50. Junior Jana Manalo (91st, 21:02.6) and senior Meredith Miscinski (99th, 21:12.6) joined all of them in earning ribbons for placing among the top 100. Junior Jenna Kelly (102nd, 21:14.3) was .1 from 100th.

No team scores were kept.