## 2018 IHSA CROSS COUNTRY REGIONAL Hinsdale Central High School Hinsdale. Illinois

630-570-8241

TO:

**Athletic Directors** 

Girls Cross Country Coach/Boys Cross Country Coach

FROM:

Dan Jones, Athletic Director

Jim Westphal, Boys Coach/Mark McCabe, Girls Coach

NOTE:

PLEASE READ IHSA CROSS COUNTRY TERMS AND CONDITIONS

DATE:

Saturday, October 20, 2018

TIME:

10:30am Start - Bus parking will be at KLM

ORDER OF EVENTS: 10:30am - Girls

: 10:30am – Girls 11:15am – Boys

COACHES MEETING: 9:45am at the Finish Line - Both Boys and Girls

PARTICIPATING SCHOOLS (Starting Boxes):

5-Berwyn-Cicero (Morton)

4- LaGrange (Lyons)

1-Maywood (Proviso East)

8-Downers Grove (South)

3-Chicago (Kennedy)

7-Summit (Argo)

2-Oak Park (Fenwick)

9-Hillside (Proviso West)

6-Hinsdale (Central)

10-Downers Grove (North)

LOCATION:

Katherine Legge Park - 5901 S County Line Road, Hinsdale

COURSE:

3.0 Miles

**ENTRIES:** 

Schools are required to log onto to IHSA.org and fill out your

ONLINE LIST OF PARICIPANTS.

Deadline is 11:59pm, Monday, Oct. 15

T-SHIRTS:

T-Shirts will be sold at the meet - Long Sleeve \$22

AWARDS:

The awards presentation will start after the conclusion of the Boys race at approximately 12:00pm. A championship plaque will be awarded to the team winners of the Varsity Boys and Girls levels as well as individual

awards.

INDIVIDUAL

AWARDS:

As prescribed in IHSA Terms and Conditions.

RESTROOMS ARE AVAILABLE.

PLEASE POLICE YOUR TEAM AREA - TRASH CANS WILL BE IN AMPLE SUPPLY.

Please note that the Hinsdale South 2A Regional will take place at 12:30pm. Please note that the parking lot will be shared and entrance and exit to the park may be halted due to the races.

