

SCHOOLS PARTICIPATING AND STARTING BOXES:

Bolingbrook 8	Minooka 3
Deerfield (boys only) 21	Naperville Central 7
Evanston 17	Naperville North (boys only) 13
Glenbard West (girls only) 13	Neuqua Valley 16
Highland Park 9	New Trier 19
Hinsdale Central 14	Niles North 6
Hinsdale South 10	Niles West (girls only) 21
Homewood Flossmoor 5	Palatine 12
Latin School 22	Stagg (girls only) 20
Marian Catholic 11	Wheaton-Warrenville South 15
Metea Valley 18	Whitney Young (girls only) 4

COURSE: 3.0 Miles RED FLAG – Left Turn
or YELLOW FLAG – Right Turn
1.93 Miles BLUE FLAG – Straight

TIME: Soph Boys 3 miles 9:00am Entries Unlimited **Coaches, please insure that your athletes are capable of finishing each race within a 25 to 30 minute period.**
Fr/Soph Girls 3 miles 9:30am Entries Unlimited
Var Boys 3 miles 10:00am Entries Unlimited
Var Girls 3 miles 10:30am Entries Unlimited
Frosh Boys 1.93 miles 11:00am Entries Unlimited
Open Girls 1.93 miles 11:25am Entries Unlimited

AWARDS: The awards assembly will start promptly at 12:15pm. Top 10 individual medals will be awarded at the awards ceremony as well as plaques for the top three teams at all levels.

INDIVIDUAL AWARDS: Varsity Boys..... Medals 1 – 25
Varsity Girls..... Medals 1 – 25
Sophomore Boys..... Medals 1 – 25
Fr/Soph Girls..... Medals 1 – 25
Frosh Boys..... Medals 1 – 25
Open Girls..... Medals 1 – 25

BUS PARKING: **Drop off athletes at the course and then park at Hinsdale Central HS, 55th and Grant Sts. The Start/Finish area will remain the same as last year. We will assist with carrying tents.**

PARKING: Adjacent to the course.
***PLEASE INFORM THE PARENTS OF YOUR ATHLETES THAT PARKING IS NOT ALLOWED ON COUNTY LINE ROAD.**

RESTROOMS: Available - **PLEASE POLICE YOUR TEAM AREA – TRASH CANS WILL BE AVAILABLE. DO NOT USE RESTROOM FACILITIES IN THE ARTS CENTER AND THE PADDLE TENNIS AREA.**

WATER/ICE: **DUE TO THE NUMBER OF PARTICIPANTS, WE ARE ASKING EACH SCHOOL TO BRING THEIR OWN ICE AND WATER TO HELP OUR TRAINERS.**

INFORMATION: HINSDALE SOUTH HINSDALE CENTRAL
Gail Huster 630-468-4475 Mark McCabe 630-570-8267
Jim Dickerson 630-468-4254 Jim Westphal 630-570-8334

****Map of course will be sent in the next couple of days****