SCHOOLS PARTICIPATING AND STARTING BOXES:

Bolingbrook 3 Marian Catholic 18

Deerfield (boys only) 16 Metea Valley 17 Evanston 2 Minooka 12

Fenwick 19 Naperville Central 15

Glenbard East (boys only) 1 Naperville North (boys only) 8

Glenbard West (girls only) 8 Neuqua Valley 9
Highland Park 4 New Trier 5

Hinsdale Central 11 Niles North (boys only) 14

Hinsdale South 7 Palatine 13

Lake Forest (girls only) 1 Stagg (girls only) 16

Lake Park 20 Wheaton-Warrenville South 10 Latin School 6 Whitney Young (girls only) 14

COURSE: 3.0 Miles RED FLAG – Left Turn

or YELLOW FLAG – Right Turn

1.93 Miles BLUE FLAG – Straight

TIME: Var Boys 3 miles 9:00am Entries Unlimited Coaches, please insure

3 miles 9:30am Var Girls **Entries Unlimited** that your athletes are Soph Boys 3 miles 10:00am **Entries Unlimited** capable of finishing each **Entries Unlimited** Fr/Soph Girls 3 miles 10:30am race within a 25 to 30 Frosh Boys 1.93 miles 11:00am **Entries Unlimited** minute period

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Open Girls 1.93 miles 11:25am Entries Unlimited

AWARDS: The awards ceremony will start at 12:15pm. Individual medals and t-shirts will be awarded

to the top 10 finishers in all the races at the awards ceremony as well as plaques for the top

three teams at all levels.

INDIVIDUAL Varsity Boys..... Medals 1 – 25

AWARDS: Varsity Girls..... Medals 1 – 25

Sophomore Boys..... Medals 1-25Fr/Soph Girls...... Medals 1-25Frosh Boys..... Medals 1-25Open Girls...... Medals 1-25

BUS PARKING: Drop off athletes at the course and then park at Hinsdale Central HS, 55<sup>th</sup> and Grant Sts.

The Start/Finish area will remain the same as last year. We will assist with

carrying tents.

PARKING: Adjacent to the course.

\*PLEASE INFORM THE PARENTS OF YOUR ATHLETES THAT PARKING IS NOT ALLOWED

ON COUNTY LINE ROAD.

RESTROOMS: Available - PLEASE POLICE YOUR TEAM AREA - TRASH CANS WILL BE AVAILABLE.

DO NOT USE RESTROOM FACILITIES IN THE ARTS CENTER AND THE PADDLE TENNIS AREA.

WATER/ICE: DUE TO THE NUMBER OF PARTICIPANTS, WE ARE ASKING EACH SCHOOL TO BRING THEIR

OWN ICE AND WATER TO HELP OUR TRAINERS.

INFORMATION: <u>HINSDALE SOUTH</u> <u>HINSDALE CENTRAL</u>

Gail Huster 630-468-4475 Mark McCabe 630-570-8241
Jim Dickerson 630-468-4254 Jim Westphal 630-570-8334



