SCHOOLS PARTICIPATING AND STARTING BOXES:

Bolingbrook 18 Metea Valley 4 Deerfield (boys only) 1 Minooka 6

Evanston 19 Naperville Central 12

Fenwick 2 Naperville North (boys only) 14

Glenbard East (boys only) 8 Neugua Valley 5 Glenbard West (girls only) 14 New Trier 3

Highland Park 17 Niles North (boys only) 16

Hinsdale Central 11 Oswego East 9 Hinsdale South 7 Palatine 13 Lake Forest (girls only) 8 Stagg (girls only) 1

Latin School 15 Wheaton-Warrenville South 10

Lockport (girls only) 16

COURSE: 3.0 Miles

RED FLAG - Left Turn

YELLOW FLAG - Right Turn or

1.93 Miles BLUE FLAG - Straight

**COACHES** 

**MEETING:** 8:30am - Packet pick-up/finish line area

TIME: 3 miles 9:00am Var Boys **Entries Unlimited** Coaches, please insure Var Girls 3 miles 9:30am **Entries Unlimited** that your athletes are Soph Boys 3 miles 10:00am **Entries Unlimited** capable of finishing each

Fr/Soph Girls 3 miles 10:30am **Entries Unlimited** race within a 25 to 30 Frosh Boys 1.93 miles 11:00am **Entries Unlimited** minute period.

**Open Girls** 1.93 miles 11:25am **Entries Unlimited** 

**AWARDS:** The awards ceremony will start at 12:15pm. Individual medals and t-shirts will be awarded

to the top 10 finishers in all the races at the awards ceremony as well as plagues for the top

three teams at all levels.

INDIVIDUAL Varsity Boys..... Medals 1-25AWARDS: Varsity Girls..... Medals 1-25

> Sophomore Boys..... Medals 1-25Fr/Soph Girls..... Medals 1-25Frosh Boys..... Medals 1-25Open Girls..... Medals 1-25

BUS PARKING: Drop off athletes at the course and then park at Hinsdale Central HS, 55th and Grant Sts.

The Start/Finish area will remain the same as last year. We will assist with

carrying tents.

PARKING: Adjacent to the course.

\*PLEASE INFORM THE PARENTS OF YOUR ATHLETES THAT PARKING IS NOT ALLOWED

ON COUNTY LINE ROAD.

Available - PLEASE POLICE YOUR TEAM AREA - TRASH CANS WILL BE AVAILABLE. RESTROOMS:

DO NOT USE RESTROOM FACILITIES IN THE ARTS CENTER AND THE PADDLE TENNIS AREA.

WATER/ICE: DUE TO THE NUMBER OF PARTICIPANTS, WE ARE ASKING EACH SCHOOL TO BRING THEIR

OWN ICE AND WATER TO HELP OUR TRAINERS.

INFORMATION: HINSDALE SOUTH HINSDALE CENTRAL

Gail Huster 630-570-8606 Mark McCabe 630-570-8241 Jim Dickerson 630-468-4254 Jim Westphal 630-570-8334



