



North Central College
Cardinal Classic High School Girls Track & Field Invitational
Thursday, March 1st, 2018 (updated 2-19-18)

4:15pm **Mandatory Coaches Meeting @ Finish Line**

Field Events

4:45pm **Pole Vault (Flight #1) (Best flight first)-**
 PV Flight #2 will follow immediately after Flight #1

4:45pm **High Jump (Flight #1) (Best flight first) -**
 HJ Flight #2 will follow immediately after Flight #1

4:45pm-5:30pm **Shot Put (Flight #1) - Center Ring**
 Shot Put (Flight #2) - Main Ring

4:45pm-5:30pm **Long Jump (Flight #1) - Outer Runway**
 Long Jump (Flight #2) - Inner runway

5:45pm-6:15pm **Triple Jump (Flight #1) - Inner runway**
 Triple Jump (Flight #2) - Outer runway

Running Events: Girls first- Fast sections first

4:45pm **3200 Meters (section 1)**
 4x800 Relay (section 1)

5:15pm **4x800 Relay (section 2)**
 3200 Meters (section 2)
 55 Hurdles
 55 Meters
 800 Meters
 4x200 Relay
 400 Meters
 1600 Meters
 200 Meters
 4x400 Relay

***Updated schedule will be sent.**