



COMMUNITY H. S. DISTRICT 99

Downers Grove North
Department of Athletics
Home of the Trojans
April 11, 2017

TO: Head Girls Track Coach
Athletic Director

FROM: Denise Kavanaugh – Athletic Director
Matt Maletich – Head Coach
Bruce Ritter - Meet Manager

RE: RITTER INVITATIONAL TRACK & FIELD MEET

Downers Grove North High School is pleased to host the 17th Annual Ritter Invitational Track & Field Meet. The following will provide you with the necessary information for the meet.

MEET INFORMATION

Day: Thursday
Date: April 13, 2017
Time: Field Events – 5:00 p.m.
Finals: 5:45pm (no prelims)
Admission: \$4.00 -- adults, \$3.00 -- students/children.
Meet Scoring: Points will be awarded for the first 8 places: 10-8-6-5-4-3-2-1.
Awards: Awards will be given to the first 6 places in all individual and relay events.
Each team will get their awards in an envelope at the conclusion of the meet.
Starter: Jim Effinger
Referee: Fred Miller
Games Committee: Willie Cole (Crete-Monee), Keegan Kilrea (York), Mike Stine (Naperville Central) and Matt Maletich (Downers North)

ENTRY INFORMATION

Due Date: All entries are due Tuesday, April, 11. Please use the enclosed information in this mailing for the sight to e-mail your entries.

Rules: Athletes may participate in 4 events. Any freshman or sophomore may compete in the Frosh-Soph 4x400m relay, but it will count as one of their four events.

Workers: Since we are using FAT timing, each team must supply only 1 workers. Their positions are listed on the last page of this mailing.

Entries & FAT Information: All entries need to be sent to www.directathletics.com
Entries may be sent starting at 8:00am on Friday April 7 and will close at 11:59 pm on Tuesday, April 11.

GENERAL INFORMATION

- Concessions:** The Trojan Booster Club will provide concessions at the meet.
Hospitality: A hospitality center will be available to all coaches, administrators, and workers only.
T-Shirts: **RITTER INVITE t-shirts will be available in a variety of colors. Short sleeve t-shirts will Cost \$10 while Tie-Dyes and long sleeve shirts will cost \$15.**
Buses: Downers Grove North has a new entrance on the west side of the school. We ask all buses to arrive on Saratoga and enter the new parking lot before you get to Grant Ave. There is no parking or drop off on Grant or Prince as you will be ticketed by the police. Please do not arrive before 3:30pm as our school day ends at 3:20pm and the lot will be full of busses.
Athletic Trainer: Trainers will be available at the meet.

FACILITIES

- Track facility:** New 8 lane Action 400 track -- Long Jump, Triple Jump, High Jump, and Pole Vault are on the same surface as the track. The shot put and discus are in the track complex.
Spikes: Please use 1/4" spikes on our facilities.
Locker facilities: Locker facilities are not available. Please bring your athletes ready to perform.
Team seating: We ask all teams to sit or camp out in the East bleachers.
Warm-up area: Runners can warm-up in the underground track. This area is very convenient to the track.

MEET SCHEDULE

- | Time schedule: | <u>Finals -- 5:45 p.m.</u> | <u>Field Events -- 5:00 p.m.</u> |
|-----------------------|-----------------------------------|--|
| | 3200m First Heat | Long Jump(two boards) 4 jumps, no finals |
| | 4x800m Relay(1 heat) | Triple Jump(two boards) after long jump |
| | 4x100m Relay(2 heats) | 4 jumps, no finals |
| | <u>3200m Second Heat</u> | High Jump-starting height 4' 5" |
| | 100m Hurdles(4 heats) | Pole Vault- starting height 7' |
| | 100m Dash(4 heats) | Discus-best flight first- no finals 4 throws |
| | 800m Run(3 heats) | Shot Put- best flight last, - no finals 4 puts |
| | 4x200m Relay(2 heats) | |
| | 400m Dash(4 heats) | |
| | 300m Hurdles(4 heats) | |
| | 1600m Run(2 heats) | |
| | 200m Dash(4 heats) | |
| | 4 x 400m F/S Relay(2 heats) | |
| | 4 x 400m Varsity Relay(2 heats) | |

If you have any questions regarding the above information or about the meet, please feel free to call us.

Bruce Ritter
Meet Manager
630-263-4693

Matt Maletich
Head Girls Track & Field Coach
630-795-8140

Teams Entered-- 2017

Aurora West
Champaign Centennial
Crete-Monee
Downers North
Glenbard West
Glenbrook South
Hononegah
Joliet Central
Lane Tech
Lyons Township
Naperville Central
Palatine
Prospect
Thornton Township
Wheeling
York

Worker assignments for the 2017 Ritter Invite

Long Jump: Head – Lyons Township
Assistant – Thornton Township

Triple Jump: Head – Downers North
Assistant – Naperville Central

High Jump: Head – West Aurora
Assistant – Glenbrook South

Pole Vault: Head – Prospect
Assistant – Downers North

Shot Put: Head – York
Assistant – Palatine

Discus: Head – Downers North
Assistant – Glenbard West

Exchange Zone Judge: 4x100m

Zone 1 – Lane Tech – Hononegah
Zone 2 – Wheeling – Crete-Monee
Zone 3 – Joliet Central – Centennial

4x200m

Zone 1 & 3 – Wheeling – Joliet Central – Hononegah – Lane
Zone 2 - Officials and DGN-Centennial