



## COMMUNITY H. S. DISTRICT 99

Downers Grove North  
Department of Athletics  
Home of the Trojans  
April 30, 2014

**TO:** Head Girls Track Coach  
Athletic Director

**FROM:** Denise Kavanaugh and Matt Maletich

**RE:** WSC GIRLS TRACK & FIELD MEET INFORMATION

Downers Grove North High School is pleased to host the 2014 WSC Track & Field Meet. The following will provide you with the necessary information for the meet.

### MEET INFORMATION

**Day:** Thursday  
**Date:** May 8, 2014  
Rain Date -- Fri., 5/9/14  
**Time:** Field Events -- 5:00 p.m.  
Prelims -- 5:45 p.m.  
**Admission:** \$4.00 -- adults, \$3.00 -- students/children  
**Pass List:** Each school will be given 5 complimentary passes at the seed meeting. All competitors and representatives of the school must enter with their team (coaches, managers, etc.). All late arrivals must have a ticket. There is no pass list.  
**Scratch Meeting:** A scratch meeting will be held at 4:30 p.m. in the underground track, immediately south of the track.  
**Meet Scoring:** In accordance with the WSC rules, the following point system will be used: 10-8-6-4-2-1.  
**Awards:** Awards will be given to the participants according to the standards set forth by the WSC. Each team will get their awards in an envelope at the conclusion of the meet.  
**Starter:** Fred Miller, Assistant: Harry Kannry

**Games Committee:** TBA at the seed meeting.

### GENERAL INFORMATION

**Concessions:** The Trojan Booster Club will provide concessions at the meet.  
**Hospitality:** A hospitality center will be available to all coaches, administrators, and workers only.  
**T-Shirts:** *WSC Track & Field 5 color design T-shirts will be available for purchase at \$12.00.*  
**Athletic Trainer:** Trainers will be available at the meet.

### FACILITIES

**Track facility:** 8 lane Action 400 track -- Long Jump, Triple Jump, High Jump, and Pole Vault are on the same surface as the track. Shot and Discus are on concrete.  
**Spikes:** Please use 1/4" spikes on our facilities.  
**Locker facilities:** Locker facilities are not available. Please bring your athletes ready to perform.  
**Team seating:** We ask all teams to sit or camp out in or under the East bleachers.  
**Warm-up area:** Runners can warm-up in the underground track. This area is very convenient to the track.

## MEET SCHEDULE

**Time schedule:**

**Prelims -- 5:45 p.m.**

100 m Dash prelims  
100 m Hurdle prelims  
200m dash  
15 minute break

**Field Events – 5:00 p.m.**

Long Jump (two boards-Sophomore & Varsity) 8 to finals  
Triple Jump (two boards-Sophomore & Varsity) 8 to finals  
after long jump  
High Jump (Varsity followed by Sophomore)  
Pole Vault (Varsity followed by Sophomore)  
Discus (Varsity first – then sophomore) 8 to finals  
Shot Put (Sophomore first – then varsity) 8 to finals

**Finals**

4 x 800 m Relay  
4 x 100 m Relay  
3200 m Run  
100 m Hurdles  
100 m Dash  
800 m Run  
4 x 200 m Relay  
400 m Dash  
300 m Hurdles  
1600 m Run  
200 m Dash  
4 x 400 m Relay

If you have any questions regarding the above information or about the meet, please feel free to call us.

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Meet Manager  
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