

41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Thank You For Your Support



Naperille Running Company
34 W. Jefferson Ave.
Naperville, IL 60540
630.357.1900
www.runningcompany.com

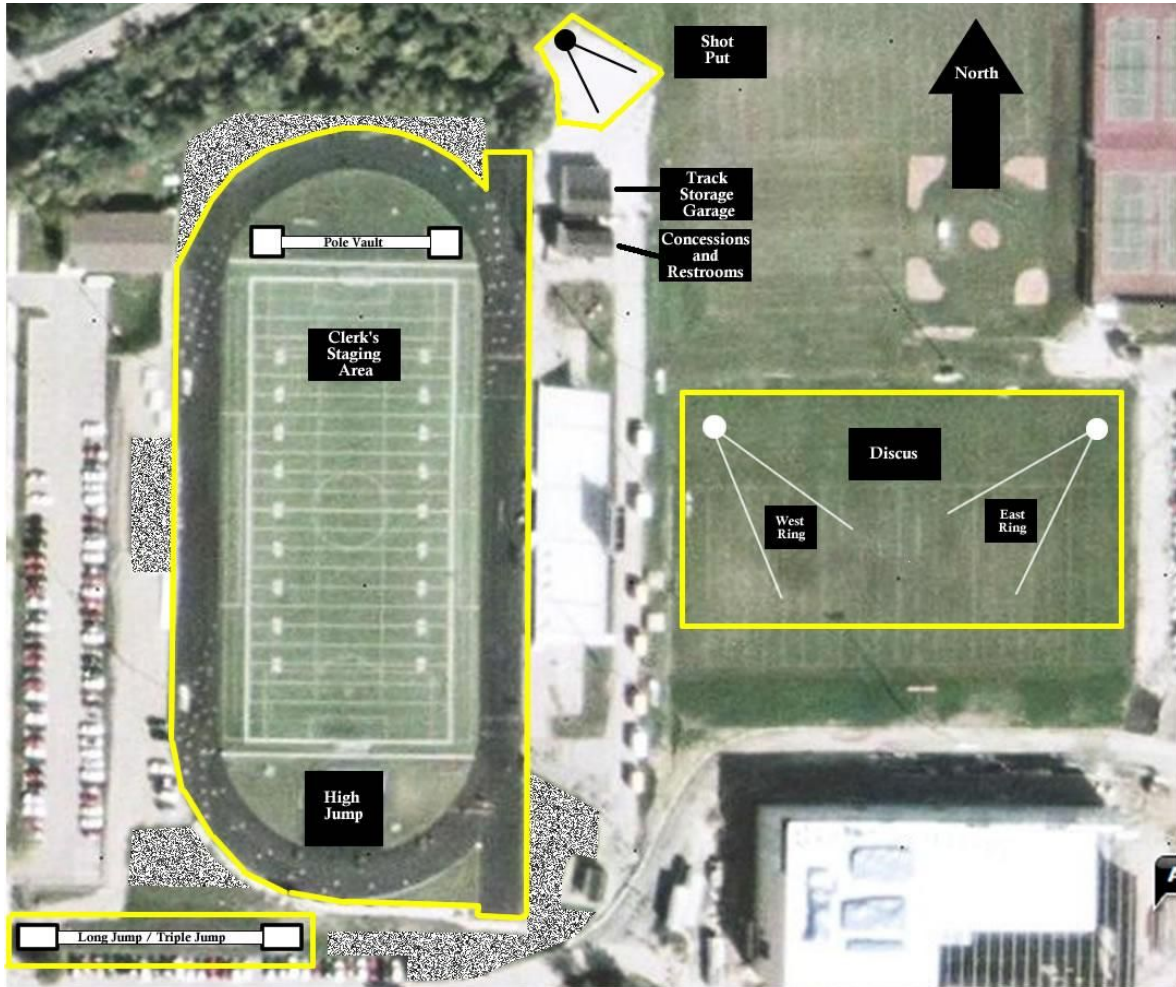


The Athletic Equipment Source
1820 Wallace Avenue
Suite 124
St. Charles, IL 60174
800-290-7895 (Toll Free)
630-587-9333 (Local)
www.taes.com



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Grange Field Facility Map



Legend



Areas for Team Camps

Competition Areas

The Competition Areas are generally defined as (the areas inside the Yellow lines):

- The entire area enclosed by the fence surrounding the track
- Areas within 10 yards of throwing event areas
- Areas within 5 yards of horizontal jump venues

A reminder to all athletes:

- Uniforms may not be removed in competition areas
- No electronic devices are allowed in competitive areas

******Exceptions from these parameters (if necessary) will be announced at the coaches meeting.***



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Order of Events/Time Schedule

Pre-Meet

| | |
|-------------|---|
| 3:30 – 4:00 | Scratches – All scratches must be made by 4:00 |
| 3:30 – 4:00 | Weigh-in for shot put and discus in the track shed. |
| 4:00 | Coaches Meeting |
| 4:00 | Warm-Up for all field events except discus |
| 4:00 | Workers Report |
| 4:15 | Captains/Coaches Meeting with starters at finish line |
| 4:30 | Warm-Up for Discus |

Field Events

| | |
|------|--|
| 4:30 | Shot Put – Best of 4 attempts |
| 4:30 | Long Jump – Best of 4 attempts |
| 4:30 | Triple Jump – Best of 4 attempts |
| 4:30 | High Jump – 2 Flights – Best Flight first |
| 4:30 | Pole Vault – 2 Flights – Best Flight first |
| 5:00 | Discus – Best of 4 attempts |

Running Prelims

| | |
|------|--------------------------------------|
| 5:00 | 3200 Meters – Section 1 against time |
| 5:20 | WWS Senior Recognition Ceremony |
| 5:40 | National Anthem |

Running Finals

| | |
|------|---|
| 5:45 | 4 x 800 Meter Relay – 1 Section |
| | 4 x 100 Meter Relay – 3 Sections against time |
| | 3200 Meters – Section 2 against time |
| | 100 Meter High Hurdles – 6 Sections against time |
| | 100 Meters – 7 Sections against time |
| | 800 Meters – 4 Sections against time |
| | 4 x 200 Meter Relay – 3 Sections against time |
| | The Karon Lackland 400 Meters – 7 Sections against time |
| | 300 Meter Low Hurdles – 7 Sections against time |
| | 1600 Meters – 4 Sections against time |
| | 200 Meters – 7 Sections against time |
| | 4 x 400 Meter Relay – 3 Sections against time |



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

**Wheaton Warrenville South
Administration**

David Claypool – Principal
Mike Healy – Assistant Principal for Athletics
Erin Axelsen – Assistant Principal
Lorie Campos - Assistant Principal
Regina Ingersoll – Assistant Principal
Doug Rushing – Assistant Athletic Director
Matt Stellwagen – Assistant Athletic Director
Lisa Stemple – Athletic Secretary

**Wheaton Warrenville South
Girls' Track & Field
Coaching Staff**

Rob Harvey – Distance
Sarah Bikulcius – Sprints
Jess Condon – Assistant Sprints
Jorie Fanter – Pole Vault
Mark Hiben – Long Jump/Triple Jump
Craig Lawrence – High Jump
Ken Young – Sprints/Hurdles
Mike Wojdyła – Throws

Meet Managers

Mike Healy, Assistant Principal for Athletics
Rob Harvey, Head Girls' Track & Field Coach

Jury of Appeals

| | |
|---------------------|---------------------|
| Joel Bohnsack (MO) | Keegan Kilrea (YK) |
| Derrick Cahoun (MP) | Dan Savage (HP) |
| Kelly Hass (GW) | Pat Richards (HC) |
| Dan Iverson (NP) | Lauren Uriezen (YU) |
| Rob Harvey (WS) | |

Meet Referee

Jesse Rocha, West Chicago (#62880)

Starter

Michael Brosseau, West Chicago (#53877)

Assistant Starter

Jay Marshall, Richmond (#28632)

Head Finish Judge

Gary Moneysmith (WS)

Announcer

Joe Nakis (WS)

Computer Scoring

Mike Curley (WS)

**Fully Automatic
Timing**

Matt Scheffler (WS)

Team Scoring

10-8-7-6-5-4-3-2-1

**Parent Volunteer
Coordinator**

Susan Nordmark (WS)



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Meet Workers

Clerks of Course

Penny Perkins (WS) Danny Savage (HN)
Kevin Rafferty (WS) Denise McCance (WS)

Head Timer

Gary Moneysmith (WS)

Timers & Pickers

Wheaton Warrenville South Parents

**Curve &
Exchange Zone
Judges**

4 x 100 Meter Relay

Exchange Zone #1 – Orange to Orange
Front – Glenbard West and Glenbard South
Back – Proviso West and Moline
Exchange Zone #2 – Orange to Orange
Front – Oak Park/River Forest and Hononegah
Back – Bolingbrook and Naperville North
Exchange Zone #3 – Orange to Orange
Front – Naperville Central and Downers Grove South
Back – Wheaton North and Hinsdale Central

4 x 200 Meter Relay

Exchange Zone #1 and #3– Yellow to Yellow; Orange to Orange
Front – Oswego and York
Back – Hinsdale South and Schaumburg
Exchange Zone #2 – Yellow to Yellow
Front – Morgan Park and Yorkville
Back – Lincoln-Way East and St. Ignatius

Field Event Workers

High Jump

Flight #1 - Gail Huster (HS)
Flight #2 - Jess Condon (WS)

Pole Vault:

Flight #1 - Michael Fontana (WS)
Flight #2 - Jorie Fanter (WS)

Long Jump

Michelle Teague (PW)
Kevin Keogh (PC)
Dan Kim (GW)
Monica Dawson (MP)
Dustin Guevarra (GS)

Triple Jump

Mark Hiben (WS)
Lauren Uriezen (YU)
Kelly Kelly (NN)
Tess Johnson (DS)

Shot Put

Vicki Dickson (OS)
Vince Reh (LW)
Lindsey Grier (NN)
George Stefos (BO)
Mary Kettering (SI)

Discus

Hope Turner (WN)
Tom Ludovice (HC)
Megan Sandilands (YK)
Nick Michalec (OP)
John Fidler (SC)
Jeff Adams (MO)



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

2018 Tiger Invitational Participants

Bolingbrook (BO)

Bolingbrook, Illinois
Conference – Southwest Suburban
Enrollment – 3472
Mascot – Raiders
School Colors – Red/Black/White
Head Coach – Howard A. Birmingham
Assistant Coach – Tim Armstrong
Assistant Coach – Frank Prill
Assistant Coach – George Stefos
Assistant Coach – John Sullivan
Assistant Coach – Bryan Robertson

Chicago (St. Ignatius College Prep) (SI)

Chicago, Illinois
Conference – Girls Catholic Athletic Conference (GSAC)
Enrollment – 2314
Mascot – Wolfpack
School Colors – Maroon/Gold/School
Head Coach – Matt Haffner
Assistant Coach – Mary Kettering
Assistant Coach – Joe Mallon
Assistant Coach – Andrew McGrew
Assistant Coach – Phillip Van Lear

Glenbard South (GS)

Glen Ellyn, Illinois
Conference – Metro Suburban
Enrollment – 1172
Mascot – Raiders
School Colors – Red/White/Royal Blue
Head Coach – Mark Tacchi
Assistant Coach – Dan Bledsoe
Assistant Coach – Derrick Crenshaw
Assistant Coach – Ryan Crissey
Assistant Coach – Phil Stewart

Hinsdale Central (HC)

Hinsdale, Illinois
Conference – West Suburban Silver
Enrollment – 2766
Mascot – Red Devils
School Colors – Red/White
Head Coach – Pat Richards
Assistant Coach – Annie Bartz
Assistant Coach – James Conyers
Assistant Coach – Allan Housner
Assistant Coach – Sean Kasak
Assistant Coach – Tom Ludovice
Assistant Coach – Mark McCabe
Assistant Coach – Patrice Wilson

Chicago (Morgan Park) (MP)

Chicago, Illinois
Conference – Chicago Public League
Enrollment – 1299
Mascot – Lady Mustangs
School Colors – Forest Green and White
Head Coach – Derrick Cahoun
Assistant Coach – Monica Dawson

Downers Grove South (DS)

Downers Grove, Illinois
Conference – West Suburban Gold
Enrollment – 2656
Mascot – Mustangs
Colors – Navy/Columbia Blue
Head Coach – Nicole Sanders
Assistant Coach – Katie Goray
Assistant Coach – Tess Johnson
Assistant Coach – Brian Kukulski
Assistant Coach – Doug Plunkett

Glenbard West (GW)

Glen Ellyn, Illinois
Conference – West Suburban Silver
Enrollment – 2321
Mascot – Hilltoppers
School Colors – Forest Green/White
Head Coach – Kelly Hass
Assistant Coach – Paul Hass
Assistant Coach – Dan Kim
Assistant Coach – Nick Posegay
Assistant Coach – Rob Sanders
Assistant Coach – Mark Staron

Hinsdale South (HS)

Darien, Illinois
Conference – West Suburban Gold
Enrollment – 1507
Mascot – Hornets
School Colors – Black/Gold
Head Coach – Matt Guritz
Assistant Coach – Dale Bonner
Assistant Coach – Nick Chavarria
Assistant Coach – Gail Huster
Assistant Coach – Kim Johnson



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Hononegah (HN)

Rockton, Illinois
Conference – Northern Illinois (NIC-9)
Enrollment – 2074
Mascot – Lady Indians
School Colors – Purple/Gold
Head Coach – Danny Savage
Assistant Coach – Paul Meyers
Assistant Coach – Stephanie Huwe
Assistant Coach – John Terry
Assistant Coach – Vern Schaefer

Moline (MO)

Moline, Illinois
Conference – Western Big 6
Enrollment – 2040
Mascot – Maroons
School Colors – Maroon/White
Head Coach – Joel Bohnsack
Assistant Coach – Becky Anderson
Assistant Coach – Dick McKinnon
Assistant Coach – Brooke Klein
Assistant Coach – Merle Norberg
Assistant Coach – Jeff Adams

Naperville North (NN)

Naperville, Illinois
Conference – DuPage Valley
Enrollment – 2740
Mascot – Huskies
School Colors – Orange/Blue
Head Coach – Dan Iverson
Assistant Coach – Joanna Berg
Assistant Coach – Lindsay Grier
Assistant Coach – Lesley Anne Allen
Assistant Coach – Kelly Kelly
Assistant Coach – Elizabeth Kaht

Oswego (OS)

Oswego, Illinois
Conference – Southwest Prairie
Enrollment – 2729
Mascot – Panthers
School Colors – Blue/Orange
Head Coach – Jamie Bechina
Assistant Coach – Sarah Carlson
Assistant Coach – Uicki Dickson
Assistant Coach – Alicia Rafferty
Assistant Coach – Eric Simon

Lincoln-Way East (LW)

Frankfort, Illinois
Conference – Southwest Suburban
Enrollment – 2916
Mascot – Griffins
School Colors – Cobalt Blue/Black/White
Head Coach – Brian Evans
Assistant Coach – Amy Jacobucci
Assistant Coach – Jason Jones
Assistant Coach – Rob Junkroski
Assistant Coach – Vince Reh
Assistant Coach – Roy White

Naperville Central (NC)

Naperville, Illinois
Conference – DuPage Valley
Enrollment – 2845
Mascot – Redhawks
School Colors – Red/White
Head Coach – Mike Stine
Assistant Coach – Matt Blondell
Assistant Coach – Kevin Keogh
Assistant Coach – Eric Novak
Assistant Coach – Sarah Peterson
Assistant Coach – Megan Bice
Assistant Coach – Christina Tardy

Oak Park – River Forest (OP)

Oak Park, Illinois
Conference – West Suburban Silver
Enrollment – 3294
Mascot – Huskies
School Colors – Orange/Blue
Head Coach – Tom Tarrant
Assistant Coach – Tamara Gardner
Assistant Coach – Chris Baldwin
Assistant Coach – Nick Michelec
Assistant Coach – Scottie Miller
Assistant Coach – Tim Gamble

Proviso West (PW)

Hillside, Illinois
Conference – West Suburban Silver
Enrollment – 2222
Mascot – Panthers
School Colors – Red/White
Head Coach – Vic Dubois
Assistant Coach – Michael Brazier
Assistant Coach – Michelle Teague
Assistant Coach – Peggy Whitlow



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Schaumburg (SC)

Schaumburg, Illinois
Conference – Mid-Suburban League West
Enrollment – 2148
Mascot – Saxons
School Colors – Cardinal Red/Gold
Head Coach – Kristen Zilmer
Assistant Coach – Robin Bingham
Assistant Coach – John Fidler
Assistant Coach – Coretta Evans
Assistant Coach – Brian Salerno

Wheaton North (WN)

Wheaton, Illinois
Conference – DuPage Valley
Enrollment – 2101
Mascot – Falcons
Colors – Royal Blue/Gold
Head Coach – Anne-Marie Lemp
Assistant Coach – Peter Anderson
Assistant Coach – Jim Spivey
Assistant Coach – Amy Freeman
Assistant Coach – Jennie Lenk
Assistant Coach – Hope Turner
Assistant Coach – Frank Anderson
Assistant Coach – Lisa Schmalz
Assistant Coach – Ted Costianis

Wheaton Warrenville South (WS)

Wheaton, Illinois
Conference – DuPage Valley
Enrollment – 2009
Mascot – Tigers
School Colors – Orange/Black
Head Coach – Rob Harvey
Assistant Coach – Sarah Bikulcius
Assistant Coach – Jorie Fanter
Assistant Coach – Mark Hiben
Assistant Coach – Craig Lawrence
Assistant Coach – Mike Wojdyla
Assistant Coach – Ken Young
Assistant Coach – Jessica Condon

York (YK)

Elmhurst, Illinois
Conference – West Suburban Silver
Enrollment – 2735
Mascot – Dukes
School Colors – Kelly Green/White
Head Coach – Keegan Kilrea
Assistant Coach – Katie Brown
Assistant Coach – Megan Sandelands
Assistant Coach – Ashley Tucker

Yorkville (YU)

Yorkville, Illinois
Conference – Northern Illinois Big 12
Enrollment – 1746
Mascot – Lady Foxes
School Colors – Red/White
Head Coach – Lauren Uriezen
Assistant Coach – Jake Flustin
Assistant Coach – Nick Boesso
Assistant Coach – Tori Gatlin
Assistant Coach – Mike Guzaldo
Assistant Coach – Brian Long
Assistant Coach – Chris Muth
Assistant Coach – Laura Tuma



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Team Champions

| | | |
|------|---|--------------|
| 2017 | Bolingbrook | 100 Points |
| 2016 | Downers Grove South | 101 Points |
| 2015 | Oswego and Wheaton Warrenville South (Tie) | 95 Points |
| 2014 | Wheaton Warrenville South | 107 ½ Points |
| 2013 | Wheaton Warrenville South | 130 ½ Points |
| 2012 | Wheaton Warrenville South | 141 Points |
| 2011 | Wheaton Warrenville South | 100 Points |
| 2010 | Cancelled after the 400 Meters due to weather | |
| 2009 | Hinsdale Central | 116 Points |
| 2008 | Wheaton Warrenville South | 122 ½ Points |
| 2007 | Hinsdale Central | 167 ½ Points |
| 2006 | Oak Park River Forest | 108 Points |
| 2005 | Naperville North | 100 ½ Points |
| 2004 | Naperville Central | 89 ½ Points |
| 2003 | Moline | 109 Points |
| 2002 | Naperville Central | 108 ½ Points |
| 2001 | Naperville Central | 106 ½ Points |
| 2000 | Naperville Central | 102 ½ Points |
| 1999 | Cancelled During the Field Events | |
| 1998 | Naperville Central | 116 ½ Points |
| 1997 | Naperville Central | 105 Points |
| 1996 | Naperville Central | 141 Points |
| 1995 | Wheaton Warrenville South | 112 Points |
| 1994 | Cancelled | |
| 1993 | Chicago (Morgan Park) | 71 Points |
| 1992 | Naperville Central | 35 Points |
| 1991 | Evanston Township | 69 Points |
| 1990 | Wheaton North | 54 Points |
| 1989 | Hillside (Proviso West) | 61 Points |
| 1988 | Hillside (Proviso West) | 50 Points |
| 1987 | Naperville North | 33 Points |
| 1986 | Wheaton North | 56 Points |
| 1985 | Evanston Township | 45 Points |
| 1984 | Glenbard West | 46 Points |
| 1983 | Park Ridge (Maine East) | 50 Points |
| 1982 | Glenbard West | 69 Points |
| 1981 | Glenbard West | 51 Points |
| 1980 | Glenbard West | 80 Points |
| 1979 | Glenbard West | |
| 1978 | Glenbard West | |



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Grange Field and Meet Records

| | | | | | |
|-----------------------------------|---------------------------|----------|------------------------------------|---------------------------|------|
| <u>Long Jump</u> | Grange Field | 19-05.75 | Jasmine Jackson | Proviso West | 1999 |
| | Tiger Invitational | 19-05.75 | Jasmine Jackson | Proviso West | 1999 |
| <u>Triple Jump</u> | Grange Field | 38-10.00 | Aleisha Leeper | Freeport | 2004 |
| | Tiger Invitational | 38-10.00 | Aleisha Leeper | Freeport | 2004 |
| <u>High Jump</u> | Grange Field | 5-06 | Sarah Udelhofen | Glenbard West | 2010 |
| | | 5-06 | Sarah Mosk | Oswego | 1995 |
| | Tiger Invitational | 5-08 | Kathy Cunningham | Naperville Central | 1984 |
| <u>Pole Vault</u> | Grange Field | 12-00 | Brittney Bernardoni | Batavia | 2006 |
| | | 12-00 | Ashley Korol | Wheaton Warrenville South | 2004 |
| | Tiger Invitational | 11-06 | Micah Brady | Wheaton North | 2017 |
| | | 11-06 | Hope Turner | Naperville North | 2012 |
| | | 11-06 | Caley Faulkner | Naperville Central | 2011 |
| | | 11-06 | Jennifer Roche | Moline | 2011 |
| | | 11-06 | Cassie Ludwig | Hinsdale Central | 2007 |
| | | 11-06 | Rachel Secrest | Wheaton North | 2006 |
| | | 11-06 | Ashley Korol | Wheaton Warrenville South | 2005 |
| <u>Shot Put</u> | Grange Field | 44-02.00 | Courtney Morgan | Metea Valley | 2016 |
| | Tiger Invitational | 41-03.00 | Krystal White | Proviso West | 1994 |
| <u>Discus</u> | Grange Field | 153-11 | Brittany Smith | Oak Park/River Forest | 2009 |
| | Tiger Invitational | 153-11 | Brittany Smith | Oak Park/River Forest | 2009 |
| <u>100 Meters</u> | Grange Field | 11.84 | Brianna Lynn | Thornwood | 2004 |
| | Tiger Invitational | 12.04 | Chelsea Celistan | Hinsdale Central | 2010 |
| <u>200 Meters</u> | Grange Field | 24.44 | Brianna Lynn | Thornwood | 2004 |
| | Tiger Invitational | 24.73 | Norma Abdur-Rafia | Oak Park/River Forest | 2015 |
| <u>400 Meters</u> | Grange Field | 57.04 | Sophie Ponce | Hononegah | 2006 |
| | Tiger Invitational | 55.04 | Kim Sherman | Wheaton North | 1989 |
| <u>800 Meters</u> | Grange Field | 2:12.50 | Michaela Hackbarth | Downers Grove South | 2016 |
| | Tiger Invitational | 2:12.50 | Michaela Hackbarth | Downers Grove South | 2016 |
| <u>1600 Meters</u> | Grange Field | 4:48.61 | Katelynne Hart | Glenbard West | 2017 |
| | Tiger Invitational | 4:48.61 | Katelynne Hart | Glenbard West | 2017 |
| <u>3200 Meters</u> | Grange Field | 10:21.19 | Madeline Perez | Glenbard West | 2013 |
| | Tiger Invitational | 10:21.19 | Madeline Perez | Glenbard West | 2013 |
| <u>100 Hurdles</u> | Grange Field | 14.34 | Egle Staisiunaite | Downers Grove South | 2007 |
| | Tiger Invitational | 14.34 | Egle Staisiunaite | Downers Grove South | 2006 |
| <u>300 Hurdles</u> | Grange Field | 44.04 | Natalie Tarter | Batavia | 2007 |
| | Tiger Invitational | 44.64 | Egle Staisiunaite | Downers Grove South | 2006 |
| <u>4 x 100 Meter Relay</u> | Grange Field | 48.05 | Hoyle, Goree, Williams, Jackson | Proviso West | 1999 |
| | Tiger Invitational | 48.05 | Hoyle, Goree, Williams, Jackson | Proviso West | 1999 |
| <u>4 x 200 Meter Relay</u> | Grange Field | 1:42.48 | Martin, Jones, Nowoko, Abdur-Rafia | Oak Park/River Forest | 2015 |
| | Tiger Invitational | 1:42.48 | Martin, Jones, Nowoko, Abdur-Rafia | Oak Park/River Forest | 2015 |
| <u>4 x 400 Meter Relay</u> | Grange Field | 3:56.89 | laye, Keyes, Strong, Prear | Morgan Park | 2015 |
| | Tiger Invitational | 3:56.89 | laye, Keyes, Strong, Prear | Morgan Park | 2015 |
| <u>4 x 800 Meter Relay</u> | Grange Field | 9:13.17 | Payne, Kenwood, Pabholz, Hart | Glenbard West | 2017 |
| | Tiger Invitational | 9:13.17 | Payne, Kenwood, Pabholz, Hart | Schaumburg | 2017 |



41st ANNUAL
TIGER TRACK & FIELD INVITATIONAL
WHEATON WARRENVILLE SOUTH HIGH SCHOOL
FRIDAY, APRIL 27, 2018

Tiger Invitational Top 5 All-time Performances

Wheaton Warrenville South and Wheaton Central

100 Meters

| | | | |
|-------|------------------|------------------|------|
| 12.04 | Chelsea Celistan | Hinsdale Central | 2010 |
| 12.11 | Jessica Watkins | Bolingbrook | 2015 |
| 12.13 | Natajah Simmons | Oswego | 2015 |
| 12.14 | Davera Taylor | Thornton | 1982 |
| 12.16 | Jasmine Jackson | Proviso West | 1999 |

200 Meters

| | | | |
|-------|-------------------|---------------|------|
| 24.73 | Norma Abdur-Rafia | OPRF | 2015 |
| 24.84 | Kim Sherman | Wheaton North | 1989 |
| 24.94 | Davera Taylor | Thornton | 1982 |
| 25.00 | Maubra Foster | Evanston | 1991 |
| 25.04 | Carrie Pollock | Wheaton North | 1990 |

400 Meters

| | | | |
|-------|-----------------|----------------|------|
| 55.44 | Kim Sherman | Wheaton North | 1989 |
| 57.04 | Sophie Ponce | Hononegah | 2006 |
| 57.54 | Lindsey McCalla | Moline | 2003 |
| 57.74 | Libby O'Brien | Glenbard South | 2006 |
| 57.84 | Danielle Allen | Moline | 2002 |

800 Meters

| | | | |
|---------|--------------------|--------------------|------|
| 2:12.26 | Michaela Harkbarth | Downers South | 2016 |
| 2:13.94 | Casey Short | Naperville Central | 2006 |
| 2:13.95 | Michaela Harkbarth | Downers South | 2015 |
| 2:14.04 | Casey Short | Naperville Central | 2007 |
| 2:14.58 | McKenna Kiple | WW South | 2011 |

1600 Meters

| | | | |
|---------|-----------------|------------------|------|
| 4:48.61 | Katelynne Hart | Glenbard West | 2017 |
| 4:53.63 | Reilly Revord | Hinsdale Central | 2016 |
| 4:55.66 | Hannah Ricci | Naperville North | 2017 |
| 4:57.68 | Karen Lesiewicz | Schaumburg | 2011 |
| 4:58.49 | Lindsey Payne | Glenbard West | 2016 |

3200 Meters

| | | | |
|----------|----------------|------------------|------|
| 10:21.19 | Madeline Perez | Glenbard West | 2013 |
| 10:42.74 | Amy Townsend | DeKalb | 1983 |
| 10:47.71 | Lindsay Graham | Glenbard West | 2013 |
| 10:48.64 | Maria Cicero | York | 2000 |
| 10:58.44 | Grace McCabe | Hinsdale Central | 2016 |

100 Meter High Hurdles

| | | | |
|-------|-------------------|---------------|------|
| 14.34 | Egle Staisiunaite | Downers South | 2006 |
| 14.54 | Renee Murphy | Evanston | 1991 |
| 14.61 | Riley Uann | Oswego | 2011 |
| 14.64 | Carrie Pollock | Wheaton North | 1991 |
| 14.64 | Joyce Finley | Proviso West | 1989 |

300 Meter Low Hurdles

| | | | |
|-------|-------------------|------------------|------|
| 44.64 | Egle Staisiunaite | Downers South | 2006 |
| 44.66 | Halle Bieber | Naperville North | 2017 |
| 45.34 | Gabrielle Mead | Evanston | 1991 |
| 45.74 | Joyce Finley | Proviso West | 1988 |
| 45.84 | Nefeteri Williams | Proviso West | 2006 |

4 x 100 Meter Relay

| | | |
|-------|-----------------------|------|
| 48.05 | Proviso West | 1999 |
| 48.14 | Bolingbrook | 2015 |
| 48.35 | Morgan Park | 2015 |
| 48.54 | Proviso West | 1998 |
| 48.66 | Oak Park/River Forest | 2015 |

4 x 200 Meter Relay

| | | |
|---------|-----------------------|------|
| 1:42.48 | Oak Park/River Forest | 2015 |
| 1:42.54 | Proviso West | 2000 |
| 1:43.00 | Hinsdale Central | 2010 |
| 1:43.69 | Proviso West | 1999 |
| 1:44.05 | Hinsdale Central | 2009 |

4 x 400 Meter Relay

| | | |
|---------|-----------------------|------|
| 3:56.89 | Morgan Park | 2015 |
| 3:59.61 | Hononegah | 2011 |
| 3:59.74 | Morgan Park | 1993 |
| 4:00.83 | Oak Park/River Forest | 2015 |
| 4:01.80 | Proviso West | 1999 |

4 x 800 Meter Relay

| | | |
|---------|---------------------------|------|
| 9:13.17 | Glenbard West | 2017 |
| 9:13.47 | Schaumburg | 2017 |
| 9:19.20 | Naperville North | 2017 |
| 9:20.89 | York | 2011 |
| 9:23.05 | Wheaton Warrenville South | 2012 |

Long Jump

| | | | |
|----------|-----------------|--------------|------|
| 19-05.75 | Jasmine Jackson | Proviso West | 1999 |
| 18-08.00 | Chris Brunswick | OPRF | 1993 |
| 18-07.00 | Nicole Keys | Morgan Park | 1993 |
| 18-05.50 | Chris Brunswick | OPRF | 1992 |
| 18-04.25 | Pam Tramble | Richards | 1993 |

Triple Jump

| | | | |
|----------|----------------|------------------|------|
| 38-10.00 | Aleisha Leeper | Freeport | 2004 |
| 37-08.25 | Kathryn Gevitz | OPRF | 2006 |
| 37-07.75 | Kathryn Gevitz | OPRF | 2004 |
| 37-07.75 | Lily Ramsey | York | 1998 |
| 37-01.00 | Elise Chao | Naperville North | 2016 |
| 37-01.00 | Tori Franklin | Downers South | 2010 |

Shot Put

| | | | |
|----------|------------------|--------------|------|
| 41-03.00 | Krystal White | Proviso West | 1994 |
| 41-03.00 | Regina Buford | Proviso West | 1990 |
| 40-09.50 | Carrie Carpenter | Rock Island | 2004 |
| 40-09.00 | Brittany Smith | OPRF | 2009 |
| 40-07.00 | Krystal White | Proviso West | 1993 |

Discus

| | | | |
|--------|--------------------|----------------|------|
| 153-11 | Brittany Smith | OPRF | 2009 |
| 130-05 | Jacelyn Schineller | West Chicago | 2000 |
| 127-05 | Samantha Howard | Glenbard South | 2013 |
| 124-07 | Regina Buford | Proviso West | 1990 |
| 122-10 | Yovonne Williamson | Glenbard West | 2003 |

High Jump

| | | | |
|------|------------------|--------------------|------|
| 5-08 | Kathy Cunningham | Naperville Central | 1984 |
| 5-07 | Rosie Wadman | Maine East | 1982 |
| 5-06 | Sarah Udelhofen | Glenbard West | 2010 |
| 5-06 | Sarah Mosk | Oswego | 1995 |
| 5-06 | Rosie Wadman | Maine East | 1983 |

Pole Vault

| | | | |
|-------|--------------------|--------------------|------|
| 11-06 | Micah Brady | Wheaton North | 2017 |
| 11-06 | Hope Turner | Naperville North | 2012 |
| 11-06 | McKenzie Kroeschel | OPRF | 2012 |
| 11-06 | Emily Schwartz | WW South | 2012 |
| 11-06 | Riley Uann | Oswego | 2012 |
| 11-06 | Caley Faulkner | Naperville Central | 2010 |
| 11-06 | Jennifer Roche | Moline | 2010 |
| 11-06 | Cassie Ludwig | Hinsdale Central | 2007 |
| 11-06 | Rachel Secrest | Wheaton North | 2006 |
| 11-06 | Ashley Korol | WW South | 2005 |

