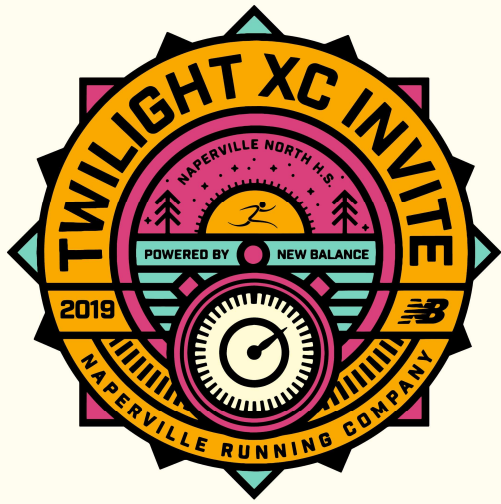


The 2019 Twilight Cross Country Invitational hosted by Naperville North High School

Date: Wednesday, October 9th, 2019



Schools: Batavia, Downers Grove North, Downers Grove South, Geneva, Glenbard West, Hinsdale Central, Jones College Prep (B), Lane Tech, Metea Valley, Minooka, Naperville Central, Naperville North, Neuqua Valley, Oak Park and River Forest (B), Palatine, Plainfield North, Waubonsie Valley (G), Wheaton Warrenville South (G), Yorkville, Individuals from Rosary, Lakes Community HS and Chicago (Latin)

Location: Naperville North High School
899 N. Mill Street, Naperville, IL 60563

Schedule: 3:45 Coaches' Meeting
4:00 Scratches/changes must be made
Athletes should report to the line 15 minutes before each race.
4:30 Open Girls (unlimited -- any class)
5:00 Open Boys (unlimited -- any class)
5:30 F/S Girls (limit 15 -- fastest fr/soph not in varsity race)
6:00 F/S Boys (limit 15 -- fastest fr/soph not in varsity race)
6:30 JV Girls (limit 15 -- fastest jr/sr runners not in varsity race)
7:00 JV Boys (limit 15 -- fastest jr/sr runners not in varsity race)
7:30 Varsity Girls (limit 10)
8:00 Varsity Boys (limit 10)
8:45 Awards in Stadium

Note: NNHS gets out of school at 3:10. It is best to arrive prior to that (and have the bus wait off site after dropping off) OR wait until 3:30 or later to arrive. Arriving between 3:10-3:30 is probably not a good idea.

Awards: Custom awards will be presented by New Balance and given to the first 20 individuals in each race. Team awards will be given to the top two teams in each varsity race and the team champion in the F/S and JV races.

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Course: Course maps are attached. Course is two-and-a-half laps and will be 3.0 miles. The starting line will be at the corner of Mill Street and 5th Avenue, and the course will tour the track once in the middle of the race before finishing on the track and turf.

Trainers: A certified athletic trainer will be on site. Teams should provide their own ice and water.

T-Shirts: T-shirts will be on sale for \$20 each. They are custom designed by New Balance for this event.

Team Camps: Team camps should be put up on the grass on the east side of the track, behind the visitor bleachers.

Bus Parking: Busses can drop off teams at the track and then park in the bus lot on the east side of the school, off of Mill Street.

Spectators: There will be a \$5 charge to enter the stadium, where the races finish and the awards will occur. Races finish in the stadium, and awards will be presented there as well. Parking will be available on site at North and, when the lot fills, adjacent to the NNHS property on both 5th Avenue and Benedetti Drive, as well as in the shopping center just west on Benedetti. All are short walks to the school. Please ask spectators to NOT park in the office park just south of the building on 5th Avenue. They will be towed.

Concessions: Will be available within the stadium.