

2019 WEST SUBURBAN SILVER GIRLS CONFERENCE

Hillside,  
Proviso West  
Friday, May 3, 2019



OFFICIAL MEET REPORT  
printed: 5/2/2019 8:31 AM

**START LIST**

**#1 Women's 4 x 800m Relay (Sophomore)**

Lane	Team	Time
<b>Section 1 of 1</b>		
1	Glenbard West (A)	A 10:24.00
2	Lyons Township (A)	A 10:26.05
3	Oak Park-River Forest (A)	A 11:10.00
4	Elmhurst (York) (A)	A 11:17.19
5	Downers Grove (North) (A)	A 11:50.00

**#2 Women's 4 x 800m Relay (Varsity)**

Lane	Team	Time
<b>Section 1 of 1</b>		
1	Glenbard West (A)	A 9:27.69
2	Lyons Township (A)	A 9:27.74
3	Hinsdale (Central) (A)	A 9:30.50
4	Elmhurst (York) (A)	A 9:45.82
5	Oak Park-River Forest (A)	A 10:10.00
6	Downers Grove (North) (A)	A 10:25.00

**#3 Women's 4 x 100m Relay (Sophomore)**

Lane	Team	Time
<b>Section 1 of 1</b>		
2	Oak Park-River Forest (A)	A 53.50
3	Downers Grove (North) (A)	A 53.14
4	Lyons Township (A)	A 52.34
5	Glenbard West (A)	A 52.88
6	Elmhurst (York) (A)	A 53.40
7	Hinsdale (Central) (A)	A 54.09

**#4 Women's 4 x 100m Relay (Varsity)**

Lane	Team	Time
<b>Section 1 of 1</b>		
2	Elmhurst (York) (A)	A 50.60
3	Glenbard West (A)	A 49.99
4	Downers Grove (North) (A)	A 49.13
5	Lyons Township (A)	A 49.44
6	Oak Park-River Forest (A)	A 50.02
7	Hinsdale (Central) (A)	A 52.10

**#5 Women's 3200 Meters (Sophomore)**

Lane	Name	Yr	Team	Time
<b>Section 1 of 1</b>				
1	RYAN, Madeleine	SO	Lyons Township	12:13.74
2	OHM, Maddie	SO	Lyons Township	12:15.81
3	CLINE, Olivia	SO	Glenbard West	12:27.91
4	UMLAUF, Zoe	SO	Glenbard West	12:28.11
5	GASPAR, Rylan	SO	Downers Grove (North)	12:30.44
6	REEDY, Charlotte	FR	Elmhurst (York)	12:34.53
7	SCOTT, Caroline	FR	Downers Grove (North)	12:37.94
8	LU, Megan	FR	Hinsdale (Central)	12:50.33
9	METCALF, Maja	SO	Oak Park-River Forest	12:54.00

**#5 Women's 3200 Meters (Sophomore) (cont'd)**

Lane	Name	Yr	Team	Time
10	COROTIS, Kaylin	SO	Oak Park-River Forest	NT

**#6 Women's 3200 Meters (Varsity)**

Lane	Name	Yr	Team	Time
<b>Section 1 of 1</b>				
1	REVORD, McKenna	JR	Hinsdale (Central)	10:47.67
2	HOHE, Katie	SR	Glenbard West	11:04.81
3	BARCELONA, Sarah	SR	Lyons Township	11:23.95
4	HENKEL, Emily	SR	Lyons Township	11:30.48
5	JACHIM, Melissa	SO	Downers Grove (North)	11:37.01
6	WOLLEN, Nora	SO	Oak Park-River Forest	11:48.67
7	PAPPAS, Lauren	SR	Glenbard West	11:49.62
8	DUWE, Samantha	FR	Oak Park-River Forest	12:03.00
9	CLINK, Maggie	JR	Elmhurst (York)	12:17.26
10	MORLEY, Anna	SR	Elmhurst (York)	12:17.35
11	CHAFIN, Melanie	SR	Hinsdale (Central)	12:19.64
12	EGAN, Lauren	JR	Downers Grove (North)	12:57.57

**#7 Women's 100m Hurdles (Sophomore)**

Lane	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
3	KOCHANSKYTE, Juste	FR	Hinsdale (Central)	21.09
4	GENOVESE, Lily	SO	Oak Park-River Forest	19.58
5	FRANK, Gabby	FR	Downers Grove (North)	19.64
<b>Section 2 of 2</b>				
1	GRIFFIN, Kendall	SO	Hinsdale (Central)	19.10
2	RODRIQUEZ, Morgan	SO	Glenbard West	18.62
3	O'BRIEN, Natalie	SO	Lyons Township	18.27
4	SPEDALE, Tessa	SO	Elmhurst (York)	17.67
5	MALUNAY, Karina	SO	Glenbard West	18.01
6	GANNON, Nora	FR	Lyons Township	18.44
7	GALLWAS, Ava	FR	Downers Grove (North)	18.64

**#8 Women's 100m Hurdles (Varsity)**

Lane	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
2	VAIKUTIS, Leah	SR	Hinsdale (Central)	20.82
3	LUTZ, Emma	JR	Elmhurst (York)	19.08
4	STUPFEL, Emma	SR	Glenbard West	18.79
5	HILL, Harper	SR	Lyons Township	19.04
6	TINGZON, Alayla	SO	Downers Grove (North)	19.21
<b>Section 2 of 2</b>				
1	ARENZ, Tessa	SO	Downers Grove (North)	18.14
2	BODE, Amber	SR	Glenbard West	16.74
3	KIMBROUGH, Tarshan	SR	Proviso West	15.92
4	WHITE, London	SO	Lyons Township	15.84
5	WORSHAM, Passion	JR	Oak Park-River Forest	15.90
6	BRADFORD, Monica	JR	Oak Park-River Forest	16.10

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**#8 Women's 100m Hurdles (Varsity) (cont'd)**

Lane	Name	Yr Team	Time
7	KEITH, Lauren	SO Elmhurst (York)	17.66
8	HUETTEMAN, Annie	SR Hinsdale (Central)	18.35

**#9 Women's 100 Meters (Sophomore)**

Lane	Name	Yr Team	Time
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**Section 1 of 2**

2	SMITH, Cassidy	FR Hinsdale (Central)	14.12
3	ALLMAN, Brooklyn	FR Glenbard West	13.94
4	SHTOGRYN, Karina	FR Hinsdale (Central)	13.84
5	BROWN, Kristin	FR Elmhurst (York)	13.94
6	JONES, Lanae	FR Proviso West	13.95
7	PEEBLES, Payton	SO Oak Park-River Forest	14.65

**Section 2 of 2**

1	OCHAB, Alexandra	FR Lyons Township	13.74
2	SMITH, Emma	SO Glenbard West	13.66
3	WILLIAMS, Taylor	FR Oak Park-River Forest	13.40
4	PARKER, Sanaa	FR Proviso West	12.79
5	STREFF, Abigail	FR Downers Grove (North)	13.34
6	BRONSON, Frances	FR Elmhurst (York)	13.64
7	BUDNIK, Emma	SO Downers Grove (North)	13.67
8	SUTKUS, Lily	SO Lyons Township	13.78

**#10 Women's 100 Meters (Varsity)**

Lane	Name	Yr Team	Time
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**Section 1 of 2**

2	MARQUEZ, Taylor	SR Hinsdale (Central)	13.83
3	SCOTT, Iyana	SR Proviso West	13.69
4	JAMISON, Akiela	JR Oak Park-River Forest	13.62
5	STEWART, Briyana	JR Oak Park-River Forest	13.66
6	OQUINN, Chrissy	JR Proviso West	13.80
7	SALEK, Megan	JR Elmhurst (York)	14.03

**Section 2 of 2**

1	CLARK, Zoe	JR Elmhurst (York)	13.41
2	SWINEHART, Natalie	JR Lyons Township	13.32
3	HUSSAINI, Huda	SR Glenbard West	12.75
4	BRENT, Kimberly	SR Downers Grove (North)	12.24
5	BONGA, Celeste	JR Downers Grove (North)	12.74
6	GEIER, Ellie	SR Hinsdale (Central)	13.17
7	KIMBER, Amani	JR Lyons Township	13.40
8	MAAS, Kyrah	FR Glenbard West	13.46

**#11 Women's 800 Meters (Sophomore)**

Lane	Name	Yr Team	Time
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**Section 1 of 1**

1	DENEMARK, Diana	SO Hinsdale (Central)	2:24.60
2	NICKOLEY, Anna	FR Glenbard West	2:27.02
3	LANSING, Mary Grace	SO Lyons Township	2:28.74
4	THOMAS, Sophia	FR Lyons Township	2:31.64

**#11 Women's 800 Meters (Sophomore) (cont'd)**

Lane	Name	Yr Team	Time
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5	FARROW, Shannon	FR Elmhurst (York)	2:33.55
6	PIERCE, Emily	FR Downers Grove (North)	2:36.94
7	SCHULTZ, Hannah	SO Downers Grove (North)	2:36.98
8	KASLEWICZ, Ella	FR Glenbard West	2:42.60
9	GIBBS, Molly	SO Oak Park-River Forest	2:48.70
10	LAURX, Julia	SO Elmhurst (York)	2:49.82
11	SMITH, Samantha	FR Oak Park-River Forest	3:05.00

**#12 Women's 800 Meters (Varsity)**

Lane	Name	Yr Team	Time
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**Section 1 of 1**

1	HART, Katelynne	JR Glenbard West	2:10.81
2	ALLMAN, Audrey	FR Glenbard West	2:17.57
3	PISANI, Bella	SR Hinsdale (Central)	2:18.42
4	DICKMAN, Kate	SO Lyons Township	2:19.34
5	MAY, Sarah	SR Elmhurst (York)	2:20.17
6	SARUSSI, Ally	JR Lyons Township	2:20.43
7	JACHIM, Melissa	SO Downers Grove (North)	2:22.94
8	WAGNER, Taylor	JR Hinsdale (Central)	2:23.70
9	THOMPSON, Hannah	SR Oak Park-River Forest	2:24.00
10	KERN, Emma	JR Elmhurst (York)	2:24.20
11	MILLER, Victoria	JR Downers Grove (North)	2:29.53
12	KALLAY, Eleanor	SR Oak Park-River Forest	2:30.16

**#13 Women's 4 x 200m Relay (Sophomore)**

Lane	Team	Time
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**Section 1 of 1**

2	Oak Park-River Forest (A)	A 1:56.10
3	Glenbard West (A)	A 1:52.81
4	Elmhurst (York) (A)	A 1:51.60
5	Lyons Township (A)	A 1:52.18
6	Downers Grove (North) (A)	A 1:55.20
7	Hinsdale (Central) (A)	A 1:59.70

**#14 Women's 4 x 200m Relay (Varsity)**

Lane	Team	Time
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**Section 1 of 1**

2	Elmhurst (York) (A)	A 1:48.32
3	Glenbard West (A)	A 1:45.88
4	Lyons Township (A)	A 1:45.14
5	Downers Grove (North) (A)	A 1:45.80
6	Oak Park-River Forest (A)	A 1:46.11
7	Hinsdale (Central) (A)	A 1:51.74

**#15 Women's 400 Meters (Sophomore)**

Lane	Name	Yr Team	Time
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**Section 1 of 2**

2	WAUGHOP, Isabelle	FR Downers Grove (North)	1:11.42
3	PARKER, Skylar	FR Elmhurst (York)	1:09.84

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**#15 Women's 400 Meters (Sophomore) (cont'd)**

Lane	Name	Yr	Team	Time
4	ISSAC, Gabrielle	SO	Oak Park-River Forest	1:06.30
5	LINCOLN, Alexis	SO	Hinsdale (Central)	1:06.81
6	OQUINN, Chrissy	JR	Proviso West	1:11.31
7	PETKOVA, Allie	SO	Downers Grove (North)	1:11.94

**Section 2 of 2**

1	KONIECZNY, Gianna	SO	Elmhurst (York)	1:04.83
2	WHYTE, Katie	FR	Glenbard West	1:04.51
3	DENEMARK, Diana	SO	Hinsdale (Central)	1:03.72
4	GEORGE, Lillie	SO	Lyons Township	1:03.47
5	PARKER, Sanaa	FR	Proviso West	1:03.50
6	CARLISLE, Natalie	SO	Lyons Township	1:04.05
7	KUD, Lexy	SO	Glenbard West	1:04.63
8	NEVARA, Brady	SO	Oak Park-River Forest	1:05.54

**#16 Women's 400 Meters (Varsity)**

Lane	Name	Yr	Team	Time
3	NABEEL, Vasia	JR	Downers Grove (North)	1:13.00
4	PINKOWSKI, Sarah	SR	Elmhurst (York)	1:04.78
5	PETERS, Brooke	SR	Downers Grove (North)	1:05.05

**Section 2 of 2**

1	CHAVEZ, Marissa	JR	Elmhurst (York)	1:03.53
2	POWELL, Ava	JR	Glenbard West	1:02.76
3	FILER, Gilley	SR	Hinsdale (Central)	1:01.52
4	COLLIER, Aaliyah	JR	Glenbard West	59.92
5	WINGERT, Renata	SR	Lyons Township	1:00.54
6	TOWNSEND, Ayanna	FR	Oak Park-River Forest	1:02.30
7	ACERON, Jailyn	JR	Oak Park-River Forest	1:03.45
8	RUDOLPH, Louise	JR	Lyons Township	1:03.54

**#17 Women's 300m Hurdles (Sophomore)**

Lane	Name	Yr	Team	Time
3	YACKLE, Lindsey	FR	Downers Grove (North)	57.44
4	KOCHERT, Tessa	FR	Glenbard West	53.85
5	FRANK, Gabby	FR	Downers Grove (North)	54.54

**Section 2 of 2**

2	WHYTE, Hailey	FR	Glenbard West	53.05
3	GRIFFIN, Kendall	SO	Hinsdale (Central)	52.10
4	GENOVESE, Lily	SO	Oak Park-River Forest	51.30
5	O'BRIEN, Natalie	SO	Lyons Township	51.78
6	GANNON, Nora	FR	Lyons Township	52.12

**#18 Women's 300m Hurdles (Varsity)**

Lane	Name	Yr	Team	Time
2	PLUISTER, Lindsay	SR	Downers Grove (North)	54.60
3	HUETTEMAN, Annie	SR	Hinsdale (Central)	51.91

**#18 Women's 300m Hurdles (Varsity) (cont'd)**

Lane	Name	Yr	Team	Time
4	MANZANO, Chelsea	SR	Glenbard West	51.11
5	JOHNSON, Lillian	SO	Downers Grove (North)	51.63
6	MORIARTY, Abby	JR	Elmhurst (York)	52.15

**Section 2 of 2**

1	BODE, Amber	SR	Glenbard West	50.73
2	WORSHAM, Passion	JR	Oak Park-River Forest	50.09
3	KIMBROUGH, Tarshan	SR	Proviso West	47.54
4	GEIER, Ellie	SR	Hinsdale (Central)	47.14
5	WHITE, London	SO	Lyons Township	47.50
6	SCOTTY, Lizzie	SR	Lyons Township	49.99
7	BRADFORD, Monica	JR	Oak Park-River Forest	50.70

**#19 Women's 1600 Meters (Sophomore)**

Lane	Name	Yr	Team	Time
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**Section 1 of 1**

1	WILLIAMS, Claire	SO	Lyons Township	5:27.64
2	FERRELL, Kate	SO	Lyons Township	5:39.74
3	NOVAK, Ashley	FR	Downers Grove (North)	5:42.04
4	WOLSKI, Gwendolyn	SO	Oak Park-River Forest	5:44.50
5	FARROW, Shannon	FR	Elmhurst (York)	5:46.81
6	BIEDA, Annie	SO	Downers Grove (North)	5:46.84
7	ROJAS, Anna	FR	Glenbard West	5:59.84
8	UMLAUF, Maya	SO	Glenbard West	6:01.07
9	LU, Megan	FR	Hinsdale (Central)	6:02.91
10	VANDENBROOK, Morg	FR	Elmhurst (York)	6:12.40
11	TRAN, Brynn	SO	Oak Park-River Forest	6:15.18

**#20 Women's 1600 Meters (Varsity)**

Lane	Name	Yr	Team	Time
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**Section 1 of 1**

1	HART, Katelynne	JR	Glenbard West	4:45.33
2	WATCKE, Emma	JR	Hinsdale (Central)	4:55.48
3	HOHE, Katie	SR	Glenbard West	5:05.14
4	KOGUCKI, Marta	SR	Lyons Township	5:05.23
5	WELIN, Josephine	FR	Oak Park-River Forest	5:08.48
6	ABBS, Maggie	JR	Lyons Township	5:10.26
7	BYRNE, Kayla	SR	Hinsdale (Central)	5:13.73
8	HARPER, Violet	SR	Oak Park-River Forest	5:24.25
9	HICKEY, Lydia	JR	Elmhurst (York)	5:32.53
10	RICHARDS, Anna	SR	Downers Grove (North)	5:41.94
11	CURRY, Maya	JR	Elmhurst (York)	5:43.40
12	FERRARO, Giana	JR	Downers Grove (North)	5:53.54

**#21 Women's 200 Meters (Sophomore)**

Lane	Name	Yr	Team	Time
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**Section 1 of 2**

2	DESIMONE, Anna	SO	Elmhurst (York)	29.75
3	BUDNIK, Emma	SO	Downers Grove (North)	29.14

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START LIST

#21 Women's 200 Meters (Sophomore) (cont'd)

Lane Name	Yr Team	Time
4 WILLIAMS, Taylor	FR Oak Park-River Forest	28.70
5 LINCOLN, Alexis	SO Hinsdale (Central)	29.00
6 STELLATO, Gabby	SO Downers Grove (North)	29.44
7 KRYGER, Lucille	SO Oak Park-River Forest	31.23

Section 2 of 2

1 JONES, Lanae	FR Proviso West	28.65
2 SUTKUS, Lily	SO Lyons Township	27.94
3 BRONSON, Frances	FR Elmhurst (York)	27.49
4 PARKER, Sanaa	FR Proviso West	26.59
5 SMITH, Emma	SO Glenbard West	27.25
6 GEORGE, Lillie	SO Lyons Township	27.70
7 SHTOGRYN, Karina	FR Hinsdale (Central)	28.31
8 SPECK, Kaitlyn	SO Glenbard West	28.69

#22 Women's 200 Meters (Varsity)

Lane Name	Yr Team	Time
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Section 1 of 2

2 WEINSTEIN, Grace	SR Elmhurst (York)	29.21
3 MILLIGAN, Erin	FR Hinsdale (Central)	28.49
4 FRALEY, Damesha	FR Oak Park-River Forest	27.32
5 HERNANDEZ, Denise	FR Oak Park-River Forest	27.56
6 SCOTT, Iyana	SR Proviso West	29.00
7 MARQUEZ, Taylor	SR Hinsdale (Central)	29.32

Section 2 of 2

1 SWINEHART, Natalie	JR Lyons Township	27.28
2 BONGA, Celeste	JR Downers Grove (North)	26.84
3 HUSSAINI, Huda	SR Glenbard West	26.59
4 BRENT, Kimberly	SR Downers Grove (North)	25.92
5 WINGERT, Renata	SR Lyons Township	26.24
6 MAAS, Kyras	FR Glenbard West	26.71
7 OQUINN, Chrissy	JR Proviso West	27.24
8 BROWN, Madison	FR Elmhurst (York)	27.29

#23 Women's 4 x 400m Relay (Sophomore)

Lane Team	Time
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Section 1 of 1

2 Downers Grove (North) (A)	A 4:36.24
3 Glenbard West (A)	A 4:24.65
4 Lyons Township (A)	A 4:17.02
5 Oak Park-River Forest (A)	A 4:22.20
6 Elmhurst (York) (A)	A 4:32.55
7 Hinsdale (Central) (A)	A 4:43.20

#24 Women's 4 x 400m Relay (Varsity)

Lane Team	Time
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Section 1 of 1

2 Oak Park-River Forest (A)	A 4:12.30
3 Hinsdale (Central) (A)	A 4:08.57

#24 Women's 4 x 400m Relay (Varsity) (cont'd)

Lane Team	Time
4 Glenbard West (A)	A 4:03.99
5 Lyons Township (A)	A 4:04.05
6 Elmhurst (York) (A)	A 4:09.74
7 Downers Grove (North) (A)	A 4:15.24

#25 Women's High Jump (Sophomore)

Lane Name	Yr Team	Mark
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Flight 1 of 1

1 KOCHANSKYTE, Juste	FR Hinsdale (Central)	4' 3"
2 RAFIA, Olivia	FR Oak Park-River Forest	4' 3"
3 RODRIQUEZ, Morgan	SO Glenbard West	4' 5"
4 QUINLIN, Megan	FR Lyons Township	4' 6"
5 BUCKMAN, Brooke	FR Downers Grove (North)	4' 6"
6 KRZEMKOWSKI, Kira	FR Lyons Township	4' 8"
7 PARRILLI, Cherylin	FR Downers Grove (North)	4' 8"
8 CURRY, Lilly	SO Elmhurst (York)	4' 8"
9 GBOR, Gizlangba	SO Glenbard West	4' 10"
10 RUTKOWSKI, Sofia	SO Oak Park-River Forest	5' 1"

#26 Women's High Jump (Varsity)

Lane Name	Yr Team	Mark
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Flight 1 of 1

1 YERLIOGLU, Kayla	SR Hinsdale (Central)	4' 4"
2 ARENZ, Tessa	SO Downers Grove (North)	4' 8"
3 ANDERSON, Nicole	SR Elmhurst (York)	4' 10"
4 GRANDE, Francesca	SR Hinsdale (Central)	4' 10"
5 MCLEAN, Meg	JR Lyons Township	4' 10"
6 HARRIS, Eleanor	FR Downers Grove (North)	4' 10"
7 PITTMAN, KShari	JR Oak Park-River Forest	5' 0"
8 SANDERS, Melissa	SR Oak Park-River Forest	5' 1"
9 WHELTON, Susan	JR Glenbard West	5' 1"
10 COLLIER, Aaliyah	JR Glenbard West	5' 1"
11 MEDEMA, Josie	SR Lyons Township	4' 8"

#27 Women's Pole Vault (Sophomore)

Lane Name	Yr Team	Mark
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Flight 1 of 1

1 KINSEY, Allison	SO Hinsdale (Central)	6' 6"
2 TOBIA, Kathleen	SO Hinsdale (Central)	6' 6"
3 SPECK, Kaitlyn	SO Glenbard West	8' 0"
4 STELLATO, Gabby	SO Downers Grove (North)	8' 0"
5 BUCKMAN, Brooke	FR Downers Grove (North)	8' 3"
6 SULLIVAN, Fiona	SO Lyons Township	8' 6"
7 JOHNSON, Caeley	SO Glenbard West	8' 6"
8 SAVILLE, Olivia	SO Oak Park-River Forest	9' 6"
9 JACOBS, Emily	SO Lyons Township	9' 9"
10 KATZ, Sarah	SO Oak Park-River Forest	10' 0"

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**#28 Women's Pole Vault (Varsity)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	WINTERMUTE, Nina	FR	Glenbard West	6' 6"
2	SOMMERS, Annette	FR	Hinsdale (Central)	7' 0"
3	CLEMENTS, Maggie	SO	Glenbard West	7' 6"
4	KRAMER, Livia	JR	Elmhurst (York)	8' 0"
5	GARBER, Greta	SR	Hinsdale (Central)	8' 0"
6	SCHEER, Rianna	SR	Lyons Township	9' 0"
7	BOWERS, Mia	SO	Downers Grove (North)	9' 6"
8	CHAPMAN-RIENSTRA,	SO	Oak Park-River Forest	10' 0"
9	KALATA, Olivia	SR	Lyons Township	10' 6"
10	BREIT, Carolyn-Paige	JR	Downers Grove (North)	11' 3"
11	RUFF, Yasmin	JR	Oak Park-River Forest	11' 6"

**#29 Women's Long Jump (Sophomore)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	OLSZOWKA, Phoebe	SO	Oak Park-River Forest	13' 2"
2	GREGOR, Chiara	SO	Hinsdale (Central)	13' 11"
3	ALCOCK, Lauren	SO	Glenbard West	14' 7.25"
4	KOWALSKI, Elle	FR	Downers Grove (North)	14' 7.25"
5	HAWBAKER, Olivia	SO	Lyons Township	15' 0"
6	GRIFFIN, Kendall	SO	Hinsdale (Central)	15' 0.50"
7	DESIMONE, Anna	SO	Elmhurst (York)	15' 2"
8	ITURRALDE, Evelyn	SO	Lyons Township	15' 4.25"
9	PARRILLI, Cherylin	FR	Downers Grove (North)	15' 6"
10	GBOR, Gizlangba	SO	Glenbard West	16' 2.50"

**#30 Women's Long Jump (Varsity)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	SCOTT, Iyana	SR	Proviso West	14' 3"
2	ESPOSITO, Dina	SR	Hinsdale (Central)	15' 2.50"
3	ANDERSON, Nicole	SR	Elmhurst (York)	15' 4.50"
4	FROELICH, Siena	JR	Lyons Township	15' 11.50"
5	MEENTS, Skylar	SR	Downers Grove (North)	16' 0"
6	REYNOLDS, Isabelle	JR	Lyons Township	16' 2"
7	SAMUTA, Ashley	JR	Glenbard West	16' 10.50"
8	COLLIER, Aaliyah	JR	Glenbard West	17' 2.75"
9	CINOTTE, McKenna	SO	Downers Grove (North)	17' 5.25"
10	HERNANDEZ, Denise	FR	Oak Park-River Forest	17' 6.25"
11	CLARK, Zoe	JR	Elmhurst (York)	17' 8"
12	ROWE, Rachel	SR	Oak Park-River Forest	17' 10"

**#31 Women's Triple Jump (Sophomore)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	OIJAKO, Chigo	SO	Hinsdale (Central)	28' 5.50"
2	ALLMAN, Brooklyn	FR	Glenbard West	30' 4.50"

**#31 Women's Triple Jump (Sophomore) (cont'd)**

Lane	Name	Yr	Team	Mark
3	MURRAY, Kate	SO	Downers Grove (North)	30' 5.50"
4	LUCINA, Gretchen	FR	Downers Grove (North)	30' 6"
5	SPEDALE, Tessa	SO	Elmhurst (York)	31' 1.50"
6	QUINLIN, Megan	FR	Lyons Township	31' 2"
7	CURRY, Lilly	SO	Elmhurst (York)	31' 4.25"
8	O'BRIEN, Natalie	SO	Lyons Township	32' 4"
9	KOCHERT, Tessa	FR	Glenbard West	33' 5.50"

**#32 Women's Triple Jump (Varsity)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	SCOTT, Iyana	SR	Proviso West	26' 10.25"
2	ESPOSITO, Dina	SR	Hinsdale (Central)	31' 7"
3	PETRILLO, Melanie	JR	Elmhurst (York)	31' 11.25"
4	MEENTS, Skylar	SR	Downers Grove (North)	32' 7.75"
5	RUDOLPH, Louise	JR	Lyons Township	33' 10.50"
6	WHITE, London	SO	Lyons Township	35' 2.50"
7	SAMUTA, Ashley	JR	Glenbard West	36' 2"
8	WORSHAM, Passion	JR	Oak Park-River Forest	36' 5"
9	CINOTTE, McKenna	SO	Downers Grove (North)	37' 2"
10	ROWE, Rachel	SR	Oak Park-River Forest	38' 8"

**#33 Women's Shot Put (Sophomore)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	SCHUURMAN, Sophia	FR	Hinsdale (Central)	NM
2	JOHNSON, Sydney	SO	Proviso West	19' 8.50"
3	CRISAN, Estera	FR	Hinsdale (Central)	23' 4"
4	HOFFMAN, Lauren	FR	Elmhurst (York)	26' 0"
5	WILKERSON, Kyla	FR	Downers Grove (North)	27' 2"
6	MANIGLIA, Jade	SO	Glenbard West	27' 5"
7	BROWN, Janae	FR	Lyons Township	28' 5"
8	SEBEK, Ella	FR	Downers Grove (North)	28' 8"
9	THOMAS, Abby	FR	Elmhurst (York)	29' 10"
10	MITCHELL, Isabella	FR	Lyons Township	30' 4"
11	JOHNSON, Kayla	SO	Oak Park-River Forest	30' 4.50"
12	OGUNSANYA, Tiara	SO	Oak Park-River Forest	31' 11.25"
13	FLANAGAN, Maggie	FR	Glenbard West	32' 1"

**#34 Women's Shot Put (Varsity)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	SANTOS, Grace	JR	Oak Park-River Forest	24' 6"
2	STEEN, Samara	JR	Elmhurst (York)	24' 10"
3	STEWART, Shantise	SR	Proviso West	28' 5"
4	HARRISON, Trinity	JR	Oak Park-River Forest	30' 9"
5	OFOSU, Wendy	JR	Elmhurst (York)	30' 10"
6	MILLER, Maggie	SR	Downers Grove (North)	33' 3"

**2019 WEST SUBURBAN SILVER GIRLS CONFERENCE**Hillside,  
Proviso West

Friday, May 3, 2019

**OFFICIAL MEET REPORT**  
printed: 5/2/2019 8:31 AM**START LIST****#34 Women's Shot Put (Varsity) (cont'd)**

Lane	Name	Yr	Team	Mark
7	BRAUN, Bella	SR	Glenbard West	33' 11"
8	CHANDLER, Amarrea	JR	Lyons Township	34' 1.50"
9	COVEY, Phoebe	SR	Downers Grove (North)	35' 7"
10	MORGAN, Danielle	SR	Lyons Township	35' 9.50"
11	HOPKINS, Dejah	SR	Glenbard West	35' 11"
12	CHALK, Mila	JR	Proviso West	36' 4.50"
13	NICHOLSON, Dior	JR	Hinsdale (Central)	41' 5.50"

**#35 Women's Discus (Sophomore)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	JOHNSON, Sydney	SO	Proviso West	45' 4"
2	CRISAN, Estera	FR	Hinsdale (Central)	61' 0"
3	SCHULER, Katelyn	FR	Lyons Township	67' 3.50"
4	MANIGLIA, Jade	SO	Glenbard West	67' 7"
5	SCHURMAN, Sophia	FR	Hinsdale (Central)	67' 9"
6	MOSEY, Masha	FR	Elmhurst (York)	69' 0"
7	JOHNSON, Kayla	SO	Oak Park-River Forest	74' 0"
8	WILKERSON, Kyla	FR	Downers Grove (North)	79' 2"
9	THOMAS, Abby	FR	Elmhurst (York)	81' 6"
10	MITCHELL, Isabella	FR	Lyons Township	81' 7"
11	FLANAGAN, Maggie	FR	Glenbard West	83' 7"
12	SEBEK, Ella	FR	Downers Grove (North)	84' 4"
13	OGUNSANYA, Tiara	SO	Oak Park-River Forest	92' 8"

**#36 Women's Discus (Varsity)**

Lane	Name	Yr	Team	Mark
Flight 1 of 1				
1	MUREN, Sophia	JR	Elmhurst (York)	61' 7"
2	OFOSU, Wendy	JR	Elmhurst (York)	62' 0"
3	STEWART, Shantise	SR	Proviso West	67' 5"
4	VAIKUTIS, Leah	SR	Hinsdale (Central)	69' 6"
5	SANTOS, Grace	JR	Oak Park-River Forest	75' 0"
6	MITCHELL, Francesca	JR	Lyons Township	77' 5"
7	BRIDGES, Jalen	SR	Oak Park-River Forest	83' 9"
8	CHALK, Mila	JR	Proviso West	85' 2"
9	SERNA, Yuvia	SR	Glenbard West	91' 8"
10	BRAUN, Bella	SR	Glenbard West	94' 8"
11	MORGAN, Danielle	SR	Lyons Township	96' 4"
12	BEATTY, Erin	SO	Downers Grove (North)	113' 11"
13	COVEY, Phoebe	SR	Downers Grove (North)	127' 4"
14	NICHOLSON, Dior	JR	Hinsdale (Central)	133' 5"

**WEST SUBURBAN CONFERENCE SILVER DIVISION  
GIRLS OUTDOOR TRACK & FIELD CHAMPIONSHIP  
FRIDAY, MAY 3, 2019**



Coaches Meeting:	4:20 PM
Field Events:	4:45 PM
Meet Scoring:	In accordance with the IHSA rules, the following point system will be used: 10-8-6-4-2-1
Concessions:	The Proviso West Booster Club will provide concessions.
Hospitality:	Food and beverages will be available to coaches, administrators and workers only
Busses:	Team busses should enter at Fencil Lane off of Roosevelt Rd. at the light one block East of Wolf Rd. and one stoplight West of Mannheim Rd. After entering, vehicles should park or drop off teams in parking lot "C". Teams should enter the track at the <b>South Entrance</b> next to the "C" parking lot.
Athletic Trainer:	Trainer will be available at the meet
Starter:	Harry Kannry
Assistant Starter:	Jason Cowan
Announcer:	Nick Steele
Clerk of The Course:	Steve Busa
Awards:	Ashley Jenkins
Finish Line/Scoring/Results:	Gerardo Gonzales
Long Jump:	Glenbard West and Lyons Township and/or Hinsdale
High Jump:	York & Oak Park-River Forest
Shot Put:	Hinsdale Central & Proviso West
Pole Vault:	Glenbard West & Oak Park-River Forest
Discus	Downers Grove & Lyons Township
Triple Jump:	Downers Grove and York and/or Proviso West
Rakers:	Will need volunteers from each team

**400 Meter Relay**

Exchange Zone 1 – Hinsdale Central & Proviso West  
Exchange Zone 2 – Lyons Township & Downers Grove  
Exchange Zone 3 – York & Oak Park-River Forest

**800 Meter Relay**

Exchange Zone 1 – Glenbard West & Lyons Township & Downers Grove North  
Exchange Zone 2 – York & Hinsdale Central & Oak Park-River Forest

## Track Facilities



New 8 Lane 400 Meter Track – Long Jump, Triple Jump and High Jump are on the same surface as the track. Shot is on concrete

Locker Facilities: Locker Rooms will not be available. Please bring your athletic gear and be ready to perform.

Team Seating: We ask all teams to camp out around the track.

Warm-Up Area: Runners can warm-up on the track and campus groups.

Worker Schedule: The adult workers' assignments for each event are listed below. Please provide two (2) qualified individual (s) to work your assigned events.

## Entry Limit Per Event

- One team entry limit per relay event
- Seeding times will be used to place athletes into heats
- The triple jump and the long jump will run at the same time on parallel runways with varsity preceding frosh/soph
- The frosh/soph high jump precedes the varsity high jump. The varsity shot put precedes the frosh/soph shot put

## Order of Events

4:00 PM Scratches and Weigh in of Implements  
4:20 PM Coaches Meeting  
4:30 PM Warm-up all field Events  
4:45 PM Start of Field Events

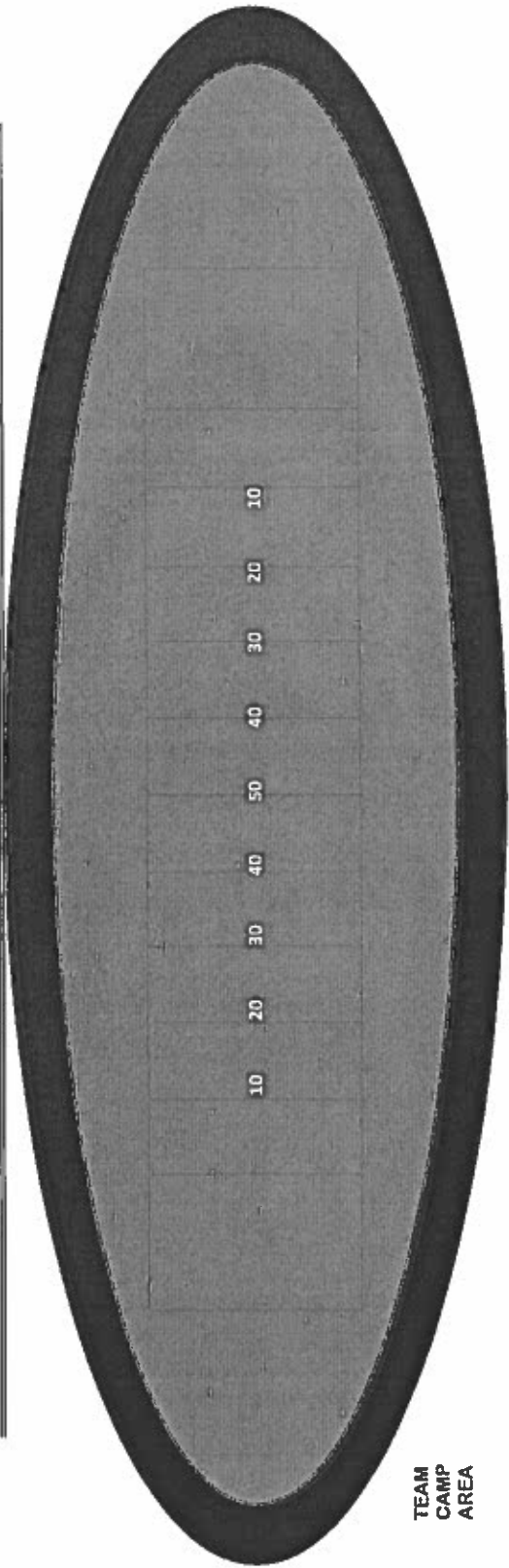
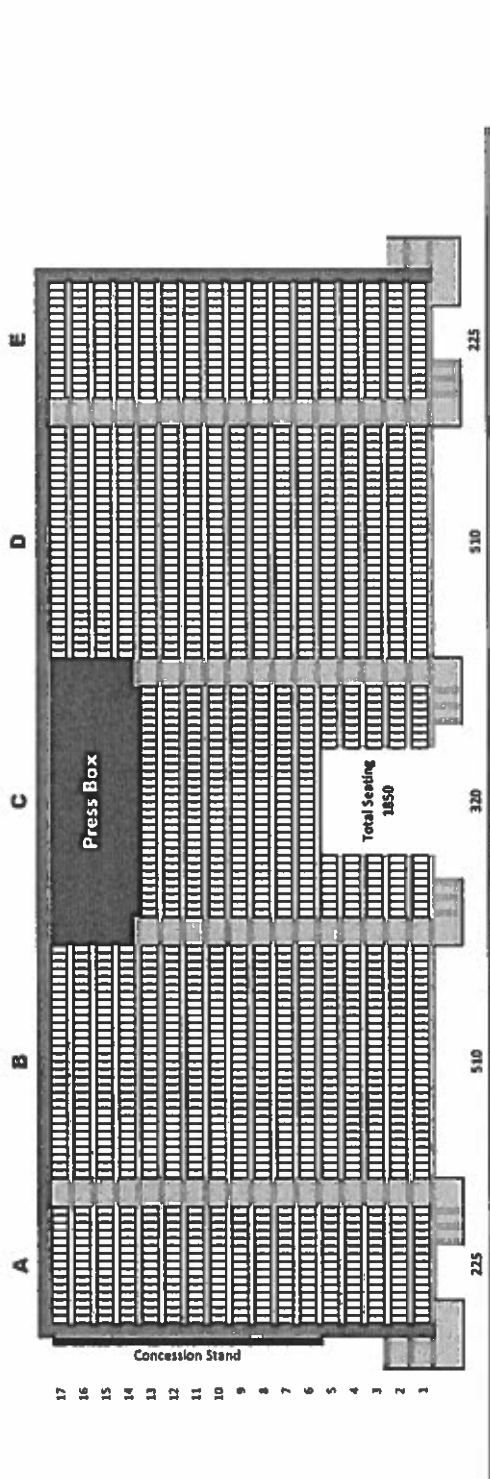
### FIELD EVENTS

4:45 PM Shot Put - F/S Best of 4 Attempts; Varsity - Prelims - top 8 to finals  
4:45 PM Discus Varsity - Prelims - top 8 to finals/ F-S- Best of 4 attempts  
4:45 PM Long Jump - Varsity -prelims - top 8 to finals/ F-S- Best of 4 attempts  
4:45 PM Triple Jump - F-S- Best of 4 attempts / Varsity Prelims - top 8 to finals  
4:45 PM High Jump - Varsity / Frosh-Soph  
4:45 PM Pole Vault - Frosh-Soph / Varsity

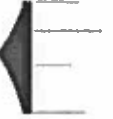
5:40 PM **NATIONAL ANTHEM**  
**RUNNING EVENTS** - All events Frosh-Soph followed by Varsity  
5:45 PM 3200 Meter Relay  
400 Meter Relay  
3200 Meter Run  
100 Meter High Hurdles  
100 Meter Dash  
800 Meter Run  
800 Meter Relay  
400 Meter Dash

\*The time schedule is tentative and may change due to entries and/or weather





TEAM  
CAMP  
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