38th Annual Tiger Invitational Grange Field Wheaton Warrenville South Friday, May 1, 2015

Order of Events / Time Schedule

Pre-Meet

3:30-4:00

All scratches must be made by 4:00 Weigh-in for shot puts and discus in the track shed.

4:00

Coaches Meeting
Warm-Up for all field events except discus
Workers Report

4:15 Captains/Coaches Meeting with starters at finish line

4:30 Warm-Up for discus

Field Events

4:30

Shot Put – Best of 4 attempts

Long Jump – Best of 4 attempts

Triple Jump – Best of 4 attempts

High Jump – Starting Height will be 4-06

Followed by Elicht 2 — Starting Heights do

Pole Vault – Flight 1 followed by Flight 2 – Starting Heights determined by entries

5:00 Discus – Best of 4 attempts

Running Prelims

5:00

100 Meters – 7 Heats; Heat Winner plus next 3 fastest times advance

100 Hurdles – 7 Heats; Heat Winner plus next 3 fastest times advance 200 Meters – 7 Heats; Heat Winner plus next 3 fastest times advance

5:35
3200 Meters – Section 1 against time

6:00 WWS Senior Recognition Ceremony

> 6:25 National Anthem

Running Finals

6:30

4 x 800 Meter Relay – 1 Section

4 x 100 Meter Relay – 2 or 3 Sections against time

3200 Meters – Section 2 against time

100 Meter High Hurdles – Final

100 Meters – Final

800 Meters – 3 Sections against time

4 x 200 Meter Relay – 2 or 3 Sections against time

400 Meters – 7 Sections against time

300 Meter Low Hurdles – 7 Sections against time

1600 Meters – 3 Sections against time

200 Meters – Final

4 x 400 Meter Relay – 2 or 3 Sections against time

Running prelims will begin at 5:00 and proceed as rapidly as possible. Running finals will begin at 6:30 and proceed as rapidly as possible. Due to number of entries, heats and sections might be adjusted