

Individual Prelims All-Around  
Warm-ups  
2021

Rotation	FX	PH	SR	VA	PB	HB
<b>1 3:18-3:30</b>	Lake Park Sectional	DGN Sectional	Palatine Sectional	Hinsdale S. Sectional	Glenbard-West Sec.	Hinsdale (Central)
	7-3:26:24	5-3:24	10- 3:30	9-3:28:48	8-3:27:36	5-3:24
<b>2 3:30-3:42</b>	Hinsdale (Central)	Lake Park Sectional	DGN Sectional	Palatine Sectional	Hinsdale S. Sectional	Glenbard-West Sec.
	7-3:38:24	6-3:37:12	5-3:36	8-3:39:36	8-3:39:36	7-3:38:24
<b>3 3:42 -3:54</b>	Glenbard-West Sec.	Hinsdale (Central)	Lake Park Sectional	DGN Sectional	Palatine Sectional	Hinsdale S. Sectional
	7-3:50:24	9-3:52:48	7-3:50:24	6-3:49:12	9-3:52:48	6-3:49:12
<b>4 3:54-4:06</b>	Hinsdale S. Sectional	Glenbard-West Sec.	Hinsdale (Central)	Lake Park Sectional	DGN Sectional	Palatine Sectional
	7-4:02:24	7-4:02:24	7-4:02:24	7-4:02:24	5-4:00	8-4:03:36
<b>5 4:06-4:18</b>	Palatine Sectional	Hinsdale S. Sectional	Glenbard-West Sec.	Hinsdale (Central)	Lake Park Sectional	DGN Sectional
	8-4:15:36	6-4:13:12	6-4:13:12	7-4:14:24	6-4:13:12	6-4:13:12
<b>6 4:18-4:30</b>	DGN Sectional	Palatine Sectional	Hinsdale S. Sectional	Glenbard-West Sec.	Hinsdale (Central)	Lake Park Sectional
	6-4:25:12	7-4:26:24	7- 4:26:24	9-4:28:48	7- 4:26:24	7- 4:26:24

**1 minute and 12 sec. is allotted per gymnast.**