



2023-24 IHSA Girls State Final Gymnastics Meet

Time Schedule

Friday, February 16 - Session I

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| 10:00 a.m. - 11:00 a.m. | – Head Girls Gymnastics Coaches pick up school packets at Pass Gate |
| 11:10 a.m. | – Coaches meet with Technical Committee (General stretching, no tumbling) |
| 11:25 a.m. – 1:45 p.m. | – Warm-ups for Session I competitors ONLY
(1 1/2 minutes per competition) |
| 11:45 p.m. | – Judges for Session I meet in AD's Office with Meet Referee |
| 1:00 p.m. | – Doors Open to General Public for Session I |
| 1:40 p.m. | – Competitors assemble promptly for Parade of Competitors
(East Gym Gymnastics Room) |
| 1:50 p.m. | – Parade of Competitors |
| 2:00 p.m. | – National Anthem |
| 2:05 p.m. | – Session I – Preliminaries in the Individual Events and Finals in All-Around |

Saturday, February 17 - Session II

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| 11:30 a.m. | – Pass Gate opens to contestants, coaches, officials, VIPs |
| 11:45 a.m. – 12:15 p.m. | – General Stretching |
| 12:15 p.m. – 1:45 p.m. | – Warm-ups for Final Qualifiers |
| 12:15 p.m. | – Judges for Finals meet in AD's Office with Meet Referee |
| 1:00 p.m. | – Doors Open to General Public for Session II |
| 1:50 p.m. | – Competitors assemble for Opening Ceremony |
| 1:55 p.m. | – Opening Ceremony (Parade of Competitors) |
| 2:00 p.m. | – National Anthem |
| 2:05 p.m. – 2:15 p.m. | – IHSGGCA Presentation |
| 2:15 p.m. | – CHAMPIONSHIP FINALS in Individual Events in the following order:
Vault and Uneven Bars alternating performances
Vault Awards
Uneven Bars Awards
All-Around Awards
– 15-minute break - (15-minute touch warm-up for all gymnasts competing)
Balance Beam and Floor Exercise alternating performances
Beam Awards
Floor Awards |
| 3:45 p.m. | – Team Awards |