

TO: Athletic Director  
Boys Cross Country Coach  
Girls Cross Country Coach

FROM: Dan Jones, Athletic Director/Hinsdale Central  
Art Ostrow, Athletic Director/Hinsdale South  
Jim Dickerson, Boys Cross Country Coach/Hinsdale South  
Jim Westphal, Boys Cross Country Coach/Hinsdale Central  
Kim Johnson, Girls Cross Country Coach/Hinsdale South  
Mark McCabe, Girls Cross Country Coach/Hinsdale Central

RE: **42<sup>nd</sup> ANNUAL HORNET-RED DEVIL CROSS COUNTRY INVITATIONAL**

DATE: Saturday, Sept. 3, 2022

PLACE: Katherine Legge Park – County Line Road – Hinsdale

ENTRY FEE: \$350 for both teams (\$200 for one team)

**ONLINE ENTRY SITE & PROCEDURE:**

WEBSITE: **Your roster needs to be entered at: [athletic.net](http://athletic.net).**

ROSTER: **Entries must be submitted by Tue, Aug. 30<sup>th</sup> by noon.**  
**There will be a limit of 100 runners per school. You will be charged an extra \$5/athlete for any runners entered over the 100 runner limit. \*\*Please enter only those runners you are planning to run.\*\***  
**Each team will be issued a bib chip for each athlete.**

If you have any questions regarding your entries, you can contact Jim Westphal at: 630-570-8334 or Mark McCabe at: 630-920-8593.

PACKET  
PICK-UP/  
COACHES

HOSPITALITY: Tent at Start/Finish Line

TOURS: Self-tour of course begins at 7:30am and will cease at 8:50am.

RESULTS: One copy available at awards ceremony and live results at [athletic.net](http://athletic.net).

**SCHOOLS PARTICIPATING AND STARTING BOXES:**

Batavia 16	Minooka 15
Bolingbrook 5	Naperville Central 2
Deerfield (boys only) 18	Naperville North (boys only) 8
Evanston 19	Neuqua Valley 12
Fenwick (boys only) 11	New Trier 13
Glenbard West (girls only) 11	Niles North (boys only) 1
Highland Park 20	Oswego 3
Hinsdale Central 9	Oswego East 17
Hinsdale South 7	Palatine 21
Lake Forest (girls only) 8	Prospect 4
Latin School 14	Stagg (girls only) 1
Lockport (girls only) 18	Stevenson (girls only) 22
Metea Valley 6	Wheaton-Warrenville South 10

COURSE: 3.0 Miles RED FLAG – Left Turn  
or YELLOW FLAG – Right Turn  
1.98 Miles BLUE FLAG – Straight

COACHES

MEETING: 8:30am – Packet pick-up/finish line area

RACE TIMES:	Var Boys	3 miles 9:00am	<b>18:30 or faster</b>	<b>Coaches, please insure that your athletes are capable of finishing each race within a <u>25 to 30 minute period.</u></b>
	Var Girls	3 miles 9:30am	Entries Unlimited	
	Soph Boys	3 miles 10:00am	Entries Unlimited	
	Fr/Soph Girls	3 miles 10:30am	Entries Unlimited	
	Frosh Boys	1.98 miles 11:00am	Entries Unlimited	
	Open Girls	1.98 miles 11:25am	Entries Unlimited	
	Open Boys	1.98 miles 11:50am	Entries Unlimited All Levels	

AWARDS: The awards ceremony will start at 12:30pm. Individual medals and t-shirts will be awarded to the top 10 finishers in all the races, other than open boys, at the awards ceremony as well as plaques for the top three teams at all levels.

INDIVIDUAL AWARDS:	Varsity Boys.....	Medals 1 – 25
	Varsity Girls.....	Medals 1 – 25
	Sophomore Boys.....	Medals 1 – 25
	Fr/Soph Girls.....	Medals 1 – 25
	Frosh Boys.....	Medals 1 – 25
	Open Girls.....	Medals 1 – 25
	Open Boys.....	Top 5 announced at awards ceremony

BUS PARKING: **Drop off athletes at the course and then park at Hinsdale Central HS, 55<sup>th</sup> and Grant Sts. The Start/Finish area will remain the same as 2019. We will assist with carrying tents.**

PARKING: Adjacent to the course.  
**\*PLEASE INFORM THE PARENTS OF YOUR ATHLETES THAT PARKING IS NOT ALLOWED ON COUNTY LINE ROAD.**

RESTROOMS: Available - **PLEASE POLICE YOUR TEAM AREA – TRASH CANS WILL BE AVAILABLE. DO NOT USE RESTROOM FACILITIES IN THE ARTS CENTER AND THE PADDLE TENNIS AREA.**

WATER/ICE: **DUE TO THE NUMBER OF PARTICIPANTS, WE ARE ASKING EACH SCHOOL TO BRING THEIR OWN ICE AND WATER TO HELP OUR TRAINERS.**

INFORMATION:	<b><u>HINSDALE SOUTH</u></b>	<b><u>HINSDALE CENTRAL</u></b>
	Kim Johnson 630-468-4427	Mark McCabe 630-920-8593
	Jim Dickerson 630-468-4254	Jim Westphal 630-570-8334