

IHSGGCA Minutes 10/30/2020

Attendance: Judy Harwood, Katie Novorolsky, Amber Mirski, Jen Pistorius, Terry Theobald, Robin Straus, Hilary Calson, Elizabeth White, Karyn Domzalski, Amanda Harrison, Alan Hirsch, Bill Stone, Kim Estoque, David Calisch, Jessica Bugajsky, Amanda Zielski, Jake Luketin, Eric Harima, Deanna Zuchowski, Kris Wright, Kori Kronenberger, Blaise Blasko, Sam Gehringer, Carrie May, Amanda McMurray, Andy Morreale, Amy Rivera, Kim Hostman, Shannon Ventura, Alicia Rafferty, Chris Stanicek, Tiffany Owens, Lorel Cunningham, Mary Kovac, Steve Gale, Lee Wood, Betty Axelson McClelland, Margo Tilotson, Julia Holmbeck, Tori Chung, Carlos Fuentes, Maureen Kermend, Kristyn Campos, Phil Gilmer, Lee Wood, Shannon Burre, Victor Ruiz, Susan Arcus, Chelsie Seplowin, Jeff Wronkowitz, Susan Arcus, Bridget Erickson, Jarrod Amolsch, Carol Myers, Abi Diaz, Angela Thompkins

I. Call to Order: 8:06 PM

II. Opening Reminders:

- A. The link to Membership forms are located on the SGS site.
- B. The next meeting will be on Nov. 27th.
- C. This is a member meeting so make sure to complete this year's registration.
- D. The next board meeting is Nov. 18th.
- E. The IHSGGCA is accepting nominations for the Hall of Fame. Please send your nominations to Betty Axelson-McClelland at EggsGymBetty@gmail.com. They are due this week preferably.

III. IHSGGCA Survey Results:

- A. Kristyn Campos reported on the October Google Form survey sent out to members in order to appropriately advocate for the group. There were 40 respondents.
- B. The most significant concern was the use of masks for gymnasts. This was clarified on Oct. 28th through the IHSA.
- C. There was also clarification of the need to compete teams within their specific COVID regions. Please reach out if you need more meets scheduled. Coaches may need to get creative regarding scheduling teams within their region.
- D. The majority of coaches (85%) were interested in running a socially distant State Meet. 10% of coaches responded maybe and another 5% responded no.
- E. With this in mind, Carlos Fuentes and Kristyn Campos are creating a proposal to the IHSA. This is now finalized at the moment.

IV. Rule Changes:

- A. The rule book has been updated for the upcoming season.
- B. Hilary Calson discussed some of the highlights and interpretation along with some concerns regarding competition during the season.
 1. There was a reminder that bathroom and locker room usage will be limited.
 2. There will still be a need for timers
 3. Competing out of order is now a .2 team deduction
 4. Judges are not considered the “police” for equipment violations.
 5. A Yurchenko vault does not require a spotter
 6. The new rule book clarifies the definition for securing a top mat in competition.
 7. There can be no chalk marks on the vault runway. A competitor may use tape or a velcro strip
 8. Remember to be careful with a gymnast hitting the table on a handspring vault. The deduction for hitting the table and spotting are both .5 so err on the side of caution.
 9. The book has listed an additional vault - Round-off, full twist on, salto off.
 10. Remember that a coach can politely discuss a ruling with a judge. An inquiry may be necessary.
 11. Composition - The new [scoresheets](#) are listed on the IHSA website.
 12. Bars
 - a) Multiple extra swings will result in a maximum deduction of .5 (each time).
 - b) Judges begin deduction with the first skill after a fall. For example, if a gymnast performs a pullover and then climbs up to high bar, the judge starts deducting at the pullover. It may be more advantageous to lift the athlete to the high bar to restart the routine. In addition, a gymnast the fall on the low bar and restarts on the highbar is awarded a bar change in that routine.
 - c) Hilary discussed some of the composition changes including lack of forward and backward circling skills, choice of elements, skill value, element families, creativity and distribution. Using an element twice to fulfill difficulty in a routine is a deduction.

13. Beam

- a) There is a new way to break a series - essentially movement that is out of line with the intended elements.
- b) Judges can deduct up to .2 for slow connection (rhythm).
- c) Composition artistry comprises .1 of the entire routine.
- d) There are 45 seconds for fall time.
- e) Composition is relatively the same as the previous rule book: There should be a balance of the number of acro and dance skills, a balance between the value of acro and dance, requirement for acro in multiple directions.
- f) A concentration pause (of 2 seconds or more) is a .1 deduction each time.
- g) Pay attention to the little things - releve, posture, footwork

14. Floor

- a) Includes 13c, 13e - 13g.
- b) An Advanced High Superior + Superior (directly connected) = a HL BBS

V. A message from Tracie Henry ([video](#))

- A. All schools still need to adhere to the 6 contest rule. Contact Craig Anderson if you have more information.
- B. Masks are not required during competition but may be worn.
- C. The IHSA is still looking into a state series or culminating event.
- D. Individual competitors are still welcome but schools need to re-enter the IHSA.
- E. Policy and guidelines are waiting on approval with the Board of Directors.

VI. State Series update:

- A. Carlos (also on the advisory committee) and Kristyn have created a proposal for the IHSA to run a state meet..
- B. If current conditions continue, they expect a state series but not necessarily a state meet. The proposal may be difficult seeing that there was no state meet for fall sports this year.
- C. Part of the proposal is the possibility of two gyms running at the same time. In addition, teams can use high school rooms as staging areas. It is likely that equipment will be cleaned between each group. With that, a possible solution would be a warm-up, compete structure.
- D. There will be more information to follow but make sure to leave that final week (proposed by the IHSA) open for competition.

V. Final Reminders & Questions:

- A. Remember that chalk cannot be shared. Each student should have her own container.
- B. Coaches asking for a [warm-up, compete schedule](#) were given this.
- C. If you have questions for Tracie Henry, you can also reach out to the IHSGGCA so that the organization can compile questions to forward the the IHSA.

VI. Meeting Adjourned (9:19 PM)