

IHSGGCA NEWSLETTER

Illinois High School Girls' Gymnastics Coaches Association Newsletter

Fall of the 2019 -2020 Season

Last year was an exciting year of increased participation from all of our schools. We are always looking for MORE coaches to get involved, with more members our organization is a more powerful voice for high school gymnastics. Please don't hesitate to contact one of the board members or conference reps with any questions, ideas or concerns.

IMPORTANT DATES

Friday, October 25	<u>Fall Clinic & IHSGGCA Meeting</u> Glenbard West High School 670 Crescent Blvd. Glen Ellyn, IL <i>Nominations for Hall of Fame should be turned in on this date.</i>
Monday, November 11	<u>SEASON BEGINS!</u>
Friday, January 3	Winter Association Meeting coaches/judges
Thursday, Jan 23	Brinkworth Award Nomination Deadline
Monday, February 3	Award Nominations Due (Senior Gymnast & all other award nominations!)
Friday, February 21	IHSGGCA Awards Banquet/Hall of Fame Induction & State Prelims
Saturday February 22	IHSGGCA-meeting National Team Nomination State Finals

2018-2019 IHSGGCA OFFICERS

Officer

To contact us Please email

Judy Harwood, President	IHSGGCA@gmail.com or Jharwood@ameritech.net
Kristyn Campos, Vice President	kcampos@csd99.org
Kim Estoque, Treasurer	Kestoque@hinsdale86.org
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Z Prostka, Past President	Elizabethprostka@gmail.com
Betty Axelson-McClelland, Advisor	eggsgymbetty@aol.com

FREE FALL CLINIC and Association Meeting

Will be held Friday, October 25 at Glenbard West High School. Registration will begin at 8 a.m. with the beginning remarks at 8:30 a.m. and sessions at 9 a.m. Encourage all your assistants to come, we will be offering speakers geared to both varsity and JV at the same time. There will be more than 20 sessions to choose from presented by some of Illinois' leading coaches. The clinic will be followed by our general association meeting at 1 p.m. and a great social hour at a local restaurant following. Remember you must be a member of the association to attend the clinic.

Notes of Interest from the Gymnastics Advisory Committee Meeting:

(GIRLS) Terms and Conditions. VI Tournament Structure and Time Schedules

Recommendation: A. Regional and Sectional Assignments: The IHSA Office will assign all schools entering the state series to one of four (4) Sectional complexes. At the Sectional Seeding Meetings, the teams will be assigned to a Regional, and the Regional sites will **be predetermined on a geographical** basis and willingness to host. Each Sectional will contain four regional sites. The Regional team assignments will be based on the seeds determined by the coaches, with the assignments to be as follows:

Regional A: Seeds 1, 8, 9, 16, 17, 24

Regional B: Seeds 2, 7, 10, 15, 18, 23

Regional C: Seeds 3, 6, 11, 14, 19, 22

Regional D: Seeds 4, 5, 12, 13, 20, 21

In cases where a conflict rises with pre-determined hosts and seeds, the IHSA administrator can make an adjustment. Seeds will be posted online on the IHSA website for 24 hours to verify accuracy; once assignments are made seeds will be final. Rationale: Allows more time and notice for Athletic Administrators to schedule their facilities and plan for hosting and staffing girls' regionals.

Recommendation: Edit the Illinois specific scoresheet to include additional details for event requirements.

Rational: The information added to the scoresheet will provide coaches with needed feedback to educate themselves and their gymnasts. Approved by Consent

(Girls) Manual for Schools and Managers

Recommendation: 1. Regional/Sectional/State Final. Warm-up rotations must follow competition order.

Rationale: Creates equity in the warm-up rotation and allows for equal rest for all athletes. Approved

Notes for Gymnasts that want to compete in USAG events during the HS Season:

Tracie Henry reviewed with the committee the process for IHSA By-law 3.101 which prohibits a student from participating on a non-school team or in non-school competition in the sport or any skill of a sport at the time the student is a member of a school team in that same sport. During the school term, special permission may be granted to permit a student to compete in a non-school event during the school season in competitions which are directly sanctioned by the national governing body for the sport or its official Illinois affiliate. No student may participate in more than three (3) approved non-school competitions during a sports season. Non-school participation requests can only be accessed by school administrators through the IHSA Schools Center website

WHY IS IT IMPORTANT TO JOIN THE COACHES ASSOCIATION

- Be a member of TEAM ILLINOIS!!
- Exchange ideas with other coaches and have a voice in making decisions.
- Improve communication between coaches, judges, clubs and IHSA
- ONLY IHSGGCA MEMBERS MAY NOMINATE GIRLS FOR SENIOR GYMNAST & NATIONAL TEAM.
- Receive & be listed in our Coaches Directory.
- It benefits you, your team & Illinois Gymnastics
- WE HAVE A WEBSITE!!!!!!!!!!
<http://illinoissgs.tripod.com/girls/ihsggca.html>
on the site you will find forms for all of the award nominations, minutes of meetings
- If you know of any coaches openings, please contact Bill Stone (stategymnasticsstats@gmail)
- On that note, you will be receiving several e-mails this season, reminding you of important dates, meetings, etc. Please make a note of these as several have important deadlines.
- Please pass this newsletter on to any and all assistants.
- See you at the clinic!!

**Illinois High School Girls Gymnastics Coaches Association
2019-2020**

ASSOCIATION REGISTRATION

PLEASE PRINT NEATLY

Head Coach _____ Assistant Coach _____ Associate Member _____

NAME _____

SCHOOL _____ CONFERENCE _____

(W)(_____) _____ CELL (_____) _____

(H)ADDRESS _____ CITY _____ ZIP _____

(H)(_____) _____ Most commonly used Email address _____

The above information will be published in the coaches' directory unless you indicate otherwise.

ASSOCIATION DUES

(Clinic Fees are Included)

Head Coaches: \$100.00

Asst. Coaches: \$90.00

Associate members: \$20.00

COACHES: Please bring this membership form with you to the fall clinic to expedite registration.

Receipts will be available. If your school is paying the fee and will be mailing the check, please make the check payable to: **IHSGGCA** and send to:

Kim Estoque
8234 B Portsmouth Dr
Darien, IL 60561

PLEASE FILL OUT ONE FORM FOR EACH COACH REGISTERED