

2020 IHSA 3A LYONS TOWNSHIP SECTIONAL  
BOYS AND GIRLS CROSS COUNTRY SECTIONAL  
MEET INFORMATION

DATE: Saturday, October 31, 2020

PLACE: Lyons Township South Campus  
4900 South Willow Springs  
Western Springs, IL 60558

PARTICIPATING

REGIONALS: Rockford (Guilford), Roselle (Lake Park), Hillside (Proviso West)

TIME

SCHEDULE: Girls in the morning session.  
8:15AM- Coaches meeting near finish line

9:00AM- Flight 4 (6 and 7 runners and indiv.)  
9:45AM- Flight 3 (4 and 5 runners and indiv.)  
10:30AM- Flight 2 (2 and 3 runners and indiv.)  
11:15AM- Flight 1 (1 and individuals)

Boys in the afternoon session.  
12:00 Noon - Coaches meeting near finish line

12:30PM- Flight 4 (6 and 7 runners and indiv.)  
1:15PM- Flight 3 (4 and 5 runners and indiv.)  
2:00PM- Flight 2 (2 and 3 runners and indiv.)  
2:45PM- Flight 1 (1 and individuals)

COURSE: Boys and Girls distance: 3 miles  
Course is 3 laps clockwise marked with double yellow lines, finish loop is marked with double white lines. Course will be fully flagged and roped off, and will have windscreens at finish. Race clocks will be used at 1 mile, 2 miles, and finish.

FINISH CHUTE: The finish line will be video recorded and will use chip timing and finishlynx to determine results. Flights will be merged into overall results.

RESULTS: Results can be found after meet at [raceresultsplus.com](https://live.raceresultsplus.com) and will be posted on [athletics.net](https://athletics.net). Due to the IHSA request to restrict posting of results to reduce gatherings on multiple people in one area, we ask that you check race results here <https://live.raceresultsplus.com/> and bring any questions to the Meet Managers within 30 minutes of the conclusion of the race

PACKET and AWARDS

PICKUP: Outdoor patio. Will not have an awards ceremony. After results are posted and a 30 min protest period has expired, you may pick up awards where you got your packet.

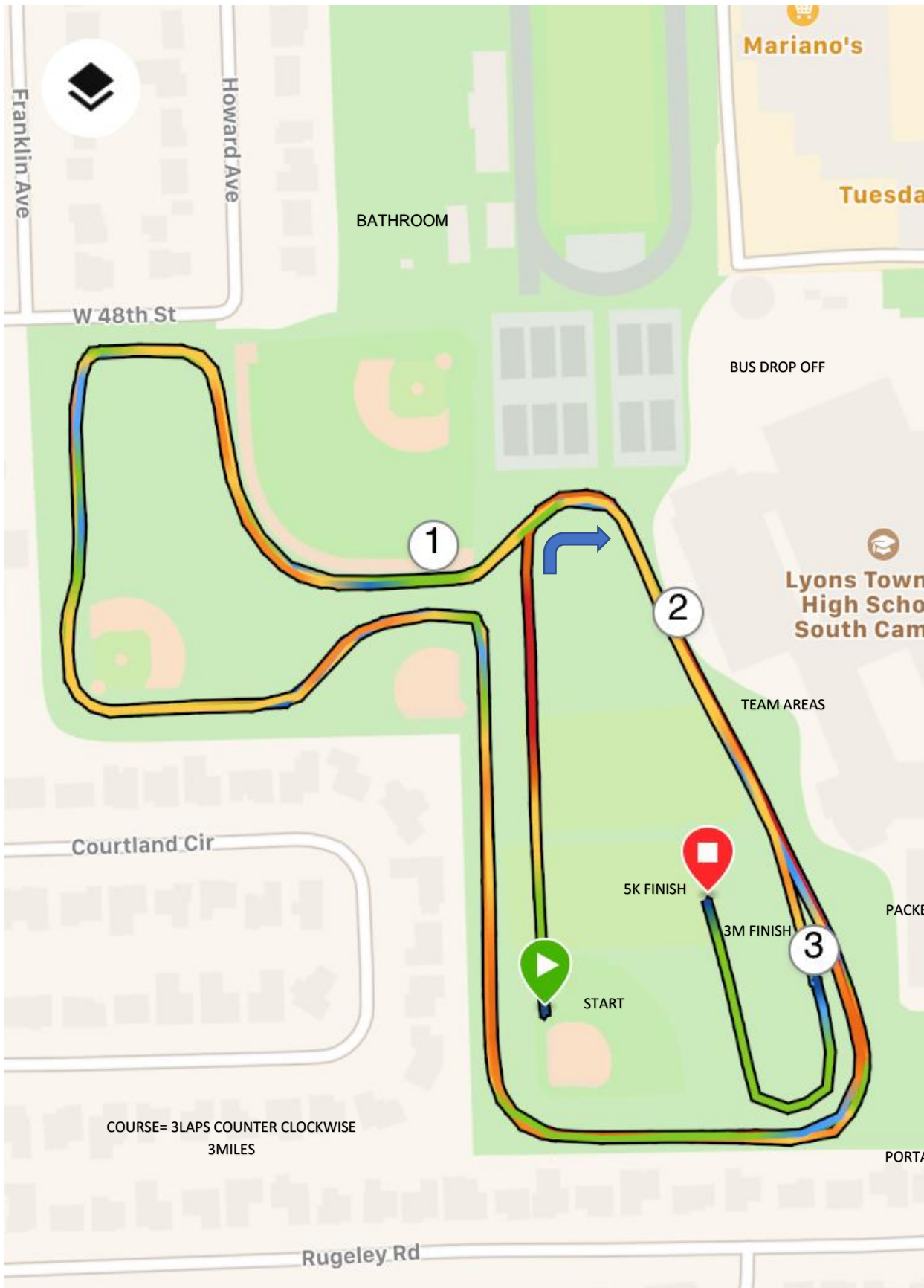
SPECTATORS: No spectators are allowed on course. Only 8 athletes and coaches. All entrances to the course will be blocked off with school personnel checking people in.

TEAM AREAS: Team areas must be off course along the building. On the grass between the sidewalk and the building. Do not bring any extra athletes, coaches, etc. Team camps can only be established in locations that are removed from the course. Camp sites must be large enough to allow for social distancing among

those in each camp. Athletes who are waiting to compete or who have already competed must remain in the team camp area unless they are called by meet management to be staged in another location for an upcoming race. Coaches and athletes must wear facial coverings when social distancing is not possible or unless they are doing strenuous activity or competing. Athletes in team camp areas must be under supervision at all times.

- RESTROOMS:** The concession stand bathrooms will be open and we will have some porta potties on the course.
- MEDICAL AID:** Trainers will be on site near the finish line.
- MEET ENTRIES:** Sectional entries will be dictated by the Regional Qualifying criteria. The Sectionals will consist of the first five (5) placing teams from each Regional and the first five (5) runners who are not members of an advancing team. In addition, in the event the 6th, 7th, or 8th place overall individual finisher in the regional is not on a qualifying team, such 6th, 7th, or 8th place overall finisher shall advance to the Sectional as well. x Schools can only bring the eight (8) runners who they declared through the LOP process through Athletic.net. This will allow for the 7 permissible runners who can compete in a race along with 1 alternate runner. Along with coaches and adult school personnel, schools are not permitted to bring any more participants than 8. This is designed to help keep numbers at sectional events at a minimum.
- BOX ASSIGNMENTS:** Boxes will be 8 feet wide with 2 runners in a box. Box assignments will be determined after Regional qualifiers are determined along with the number of individual qualifiers and sent out later this week.
- MEET OFFICIAL:** The sectional meet official has been assigned by the IHSA. The assigned referee/starter for the Lyons Township Sectional is John Betteridge.
- PARKING/BUSSES:** Bus drop off on drivers ed range and busses should park in front of school.
- GAMES COMMITTEE:** Will be appointed by meet manager prior to meet.
- NO CONCESSIONS OR TSHIRT SALES**
- MEET MANAGER:** John Grundke, Athletic Director  
Michael Danner, Head Boys Coach  
Alex Lyons, Head Girls Coach





COURSE= 3LAPS COUNTER CLOCKWISE  
3MILES

PORTA POTTIES