



81st ANNUAL MIDWEST INVITATIONAL

hosted by Janesville Craig

Saturday, September 22, 2018

Blackhawk Golf Course, Janesville, WI

We're excited your team will be participating in the Midwest Invitational. Thank you for making it great!

1. Directions: I-90 to Janesville; Exit E. Racine St. (exit 175); turn left on Palmer Dr. (1st stop light); the start/finish area is located at the intersection of Palmer Dr. and Sharon Rd.
2. Updates: Use the Janesville Craig Cross Country Facebook page for updates regarding race information, photos, and results.
3. Rules: Our meet is governed by W.I.A.A. regulations.
4. Registration: Each team **MUST** have at least five runners start the varsity race. We have partnered with Eclipse Timing for our timing this year. Please note the registration procedure below:

Deadlines: Registration opens Wednesday, September 5 and closes at midnight on Wednesday, September 19. Coaches are encouraged to upload rosters early.

Step 1: Go to <http://hss.eclipseracetiming.com/entries/cross/default.aspx>

Step 2: On the left side of the screen, click 'Cross Country Entries'.

Step 3: Either sign in, or click 'New Coach Sign Up' on the left side of the screen.

Step 4: Add your 'Organization Info' if you have not done this for another race.

Step 5: Add your 'Athletes' by entering each one or uploading your roster. Follow the instructions to upload your roster.

Step 6: Click 'Home' on the left and select 'Midwest Invitational'. Select the race for each athlete on your team (Frosh/Soph, Varsity, Junior/Senior). Keep in mind you **MUST** register at least five into the varsity race that will be racing. You will receive a confirmation email when you've completed the process.

CHANGE: FROSH/SOPH race and a JUNIOR/SENIOR race instead of JV race.

Please note below:

Frosh/Soph unlimited entries

Varsity 7 runners max (**At least five must enter and start the varsity race**)

Junior/Senior unlimited entries

*There will not be any chip collection due to the bib timing system.

5. Course:
CHANGE: Due to damage on the golf course from flooding, there will be changes from previous years. One bridge that was washed out is currently being constructed. Another bridge will not be replaced by race time. There may be significant course changes from previous years. We will not have a map ready until the week of the race.



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The course will properly marked with a painted alley covering the entire course. We do have pace and trail vehicles for all races, as well as flags at road crossings and unattended areas of the course. Please remind your athletes to remain inside the alley lines at all times.

HS girls and boys 5000 meters with 1 & 2-mile splits provided
4th-8th grade 1600 meters

6. Results: There will not be paper results. All meet results will be available online at Live results race day <http://hss.eclipseracetiming.com/xclive/default.aspx>
Permanent results <http://www.eclipseracetiming.com/results>
7. Time schedule:

Volunteer meeting	7:45 AM	Finish area
Coaches meeting	8:00 AM	Finish Area
Midwest Community 5K - Online registration ends 9/20 at 11:59 PM. Race day entries accepted. - 1 & 2-mile splits provided - Coaches, parents, alumni, and all interested runners may participate!	8:15 AM	Register: goo.gl/M4o9ov No official finishers after 9:05; course will close at 9:05.
Frosh/Soph HS Girls	9:05 AM	9:55 awards tent
Frosh/Soph HS Boys	9:45 AM	10:35 awards tent
Varsity HS Girls	10:20 AM	11:10 awards tent
Varsity HS Boys	10:55 AM	11:45 awards tent
Junior/Senior HS Girls	11:30 AM	12:20 awards tent
Junior/Senior HS Boys	12:10 PM	1:00 awards tent
4th-8th B/G Mile*	12:45 PM	1:15 awards tent

*Coaches who wish to bring 4th-8th grade runners for the 12:45 p.m. race **MUST contact** coach Jennifer Johns (rdy2run@hotmail.com) for approval and instructions for registration. Race entry restricted to local conference and runners affiliated with registered high school. We will cap numbers.



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8. Awards: No ceremony. Awards will be presented at the awards tent at the times indicated above; professional photos will be taken at the tent as well.
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| Frosh/Soph | Two team trophies, medals 1 st – 20 th |
| Varsity | Three team trophies, individual trophies for team champions, trophy for individual champions, medals 2 nd – 30 th |
| Junior/Senior | Two team trophies, Medals 1 st – 20 th |
- 4th-8th Top 5 medals each gender and grade level
9. Courtesy: Please advise your athletes and fans to stay off all greens and tee boxes. Additionally, all of us need to remain out of Rotary Gardens, west of the starting area. **They are hosting weddings on race day.** We'd like to maintain a positive relationship with our neighbors in order to continue the Midwest Invitational. Thank you!
10. Appeals: John Hegge (WIAA starter)
Bill Semmens (WIAA starter)
Dick Lambrecht (WIAA starter)
Brandon Miles (meet manager, Janesville Craig)
Michael Butscher (Lake Geneva Badger boys' coach)
Mark Little (Janesville Parker girls' coach)
11. Parking: Parking is available at the Blackhawk Golf Course lots. There are roughly 75 spaces available and the lots are expected to close early. No buses are allowed in these lots. Palmer Park (north off Racine St.) and Palmer Dr., west of Sharon Rd., has space as well. These areas require a walk to the course, so plan accordingly. Please note Palmer Dr., between Racine St. and Sharon Rd. will be closed to traffic as the event begins. Golf cart shuttles available from Palmer Park area (Racine St. and Palmer Dr. intersection).
12. Photos: Hundreds of photos from the event are provided as a courtesy to all athletes, schools, media and families. Go to www.facebook.com/CraigCrossCountry for information after the meet. These are professional photos and may be copied at no charge. They are usually available by early Monday after the event. You can also visit www.loizzo.com, select 'photos for sale'-->'sports'-->'high school'-->'high school cross country' and access the same photos at no charge.
13. Medical: Mercy Sports Medicine has a tent in the finish area to assist athletes with medical needs. Squads from the Janesville Police Department and an ambulance are on site as well.



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Lane	School	Lane	School
1	Madison West	24	South Milwaukee
2	Houston MacArthur	25	Sun Prairie
3	Neenah	26	Milton
4	Beaver Dam	27	Kimberly
5	Darlington	28	Janesville Parker
6	Green Bay Preble (boys)/Divine Savior Holy Angels (girls)	29	LaCrosse Logan
7	Onalaska Luther	30	Dodgeville Mineral Point
8	Janesville Craig	31	Waunakee
9	Whitewater	32	Madison Memorial
10	Monroe	33	Monona Grove
11	Oregon	34	Belleville
12	East Troy	35	Kenosha Bradford
13	Madison LaFollette	36	Platteville
14	Arrowhead	37	Whitnall
15	Beloit Turner	38	Franklin
16	Warren Township	39	Oconomowoc
17	Middleton	40	Beloit Memorial
18	Wisconsin Dells	41	Delavan Darien
19	Kenosha Indian Trail	42	Rockford Guilford
20	Elkhorn	43	Shorewood (boys)/Waukesha South (girls)
21	Homestead	44	Stoughton
22	Mount Horeb	45	Hinsdale Central (girls)
23	Lake Geneva Badger		