



**HINSDALE CENTRAL
HIGH SCHOOL**
RED DEVILS

Hinsdale Central Athletic Department

5500 S Grant St

Hinsdale IL 60521

Athletic Director: Mike Jezioro

Athletic Office Phone: 630.570.8241

Athletic Office Fax: 630.570.8246

43RD ANNUAL RED DEVIL CROSS COUNTRY INVITATIONAL

Date: Saturday September 2nd 2023

Locations: Katherine Legge Memorial Park
5901 S County Line Rd
Hinsdale IL 60521

Entry Fee: \$350 for both teams (\$200 for one)

Roster: Rosters will be entered on athletic.net. Entries must be submitted by **Tue, Aug. 29th by noon**. There will be a limit of 100 runners per school. You will be charged an extra \$5/athlete for any runners entered over the 100-runner limit. ****Please enter only those runners you are planning to run.**** Each team will be issued a bib chip for each athlete.

If you have any questions regarding your entries, you can contact Jim Westphal at: 630-570-8334 or Mark McCabe at: 630-785-8002.

Packet Pick Up: Packets will be distributed at the tent at the start/finish line.

Tours: Self-tour of the course begins at 7:30am and will end at 8:50am.

Results: One copy will be available at the awards ceremony and live results on athletic.net.

Participating Schools:

School	Starting Box	School	Starting Box
Addison Trail	23	Batavia	16
Benet (boys only)	11	Bolingbrook	5
Deerfield (boys only)	18	Downers Grove South (girls only)	18
Evanston	19	Fenwick (boys only)	8
Glenbard West (girls only)	11	Hersey	22
Highland Park	20	Hinsdale Central	9
Lake Forest (girls only)	8	Latin School	14
Mather (boys only)	2	Minooka	15
Metea Valley	6	Naperville Central	7
Neuqua Valley	12	New Trier	13
Niles North (boys only)	1	Oswego	3
Oswego East	17	Palatine	21
Prospect	4	Wheaton-Warrenville South	10

Course Map →



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Course: 3.0 Miles RED FLAG – Left Turn
Or YELLOW FLAG – Right Turn
1.93 Miles BLUE FLAG – Straight

Coaches Meeting: 8:30am at the finish line area.

Race Times:

Var Boys – 9am	3 miles	18:30 or Faster
Var Girls – 9:30am	3 miles	Unlimited
Soph Boys – 10am	3 miles	Unlimited
Fr/So Girls – 10:30am	3 miles	Unlimited
Frosh Boys – 11am	1.93 miles	Unlimited
Open Girls – 11:25am	1.93 miles	Unlimited
Open Boys – 11:50am	1.93 miles	Unlimited

* Coaches please insure that your athletes are capable of finishing each race with a 25-30-minute period.

Awards: The awards ceremony will start at 12:30pm. Individual medals and t-shirts will be awarded to the top 10 finishers in all the races, other than open boys, at the awards ceremony as well as plaques for the top three teams at all levels.

Individual Awards

Varsity Boys.....	Medals 1 – 25
Varsity Girls.....	Medals 1 – 25
Sophomore Boys.....	Medals 1 – 25
Fr/Soph Girls.....	Medals 1 – 25
Frosh Boys.....	Medals 1 – 25
Open Girls.....	Medals 1 – 25
Open Boys.....	Top 5 announced at awards ceremony

Bus Parking: Drop off athletes at the course and then park at Hinsdale Central HS, 55th and Grant Sts. The Start/Finish area will remain the same as 2019. We will assist with carrying tents.

Parking: Adjacent to the course. *PLEASE INFORM THE PARENTS OF YOUR ATHLETES THAT PARKING IS NOT ALLOWED ON COUNTY LINE ROAD.

Restrooms: Available - PLEASE POLICE YOUR TEAM AREA – TRASH CANS WILL BE AVAILABLE. DO NOT USE RESTROOM FACILITIES IN THE ARTS CENTER AND THE PADDLE TENNIS AREA.

Water: DUE TO THE NUMBER OF PARTICIPANTS, WE ARE ASKING EACH SCHOOL TO BRING THEIR OWN ICE AND WATER TO HELP OUR TRAINERS.

Concessions Shirts: Concessions and shirts will be available for purchase on site **CASH ONLY**. Shirts are \$15.

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