

WSC-Silver Cross Country Championships – La Grange, Lyons Township High School  
Saturday, October 16, 2021

**Location:** LYONS TOWNSHIP HIGH SCHOOL, South Campus  
4900 South Willow Springs Road  
Western Springs, IL 60558  
708-579-6300, 708-579-6393

**Course:** Flat, grassy field around the south campus practice fields.  
Distance is 5K and the entire course is marked with a solid double gold line, and finish is marked with a double white line. Course is 3 laps with the last lap entering the finish loop. Spikes are recommended.

**Entries:** **Submit entries online with athletic.net. PalatinePack.com will be doing the timing.**

**Scoring:** **All athletes will receive a bib and a shoe tag, and only 7 athletes eligible to compete in the varsity race, all others unlimited.**

**Races:**

11:00	Girls Frosh	5K	
11:30	Boys Frosh	5K	
12:00	Girls Soph	5K	
12:30	Boys Soph	5K	
1:00	Girls JV		5K
1:30	Boys JV	5K	
2:00	Girls Varsity	5K	
2:30	Boys Varsity	5K	
3:00	<b>Awards in Fieldhouse</b>		

- All Contestants must wear regulation uniforms that match teammates
- Pota Potties will be available near team areas
- All participants must come ready to compete. No locker rooms will be available.
- BUSES – Drop off athletes and park in oval drive in front of building
- Have Teams camp near the building **off the course, off the field. No team camps in fieldhouse.**
- Course practice will be Wednesday or Thursday, please email [mdanner@lths.net](mailto:mdanner@lths.net) in advance
- **There will be a concession stand with nutritional snacks, lunch and drinks**
- T-Shirts for sale \$15



5K Course= 3 laps clockwise (yellow), 1 inner loop (white) to finish.

3.6K Course= 2 laps clockwise (yellow), 1 inner loop (white) to finish.

Mariano's

Tuesda

Franklin Ave

Howard Ave

W 48th St

Courtland Cir

Rugeley Rd

Lyons Town High School South Campus

FINISH

START

1

2

3



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Sean Kiley  
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## Ordering Procedure

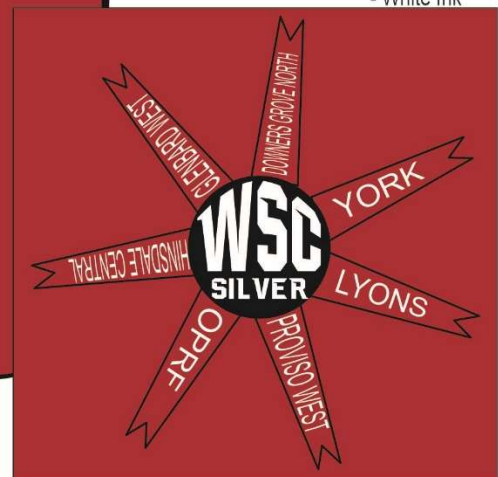
- \* Approve the artwork and get a purchase order with quantity and sizing to us, including freight.
- \* If this is an event or rush order make certain your sales representative is aware of the required dates and times.
- \* Our terms without a P.O. are "due on receipt". We accept all major credit cards and school P-Cards.
- \* Our company policy is any other terms **MUST** be arranged and approved in advance of the processing of the order.

### Please Inspect Artwork And All Spelling Thoroughly Before Approving

Cardinal Teehhh  
- Black Ink



Back  
- Black Ink  
- White Ink



Thank You For Working With Us